

# **Introduction to Paediatric Mesh-type Reference Computational Phantoms (Background and Motivation)**

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**Yeon Soo Yeom, Ph.D.**

**Associate Professor, Yonsei University**

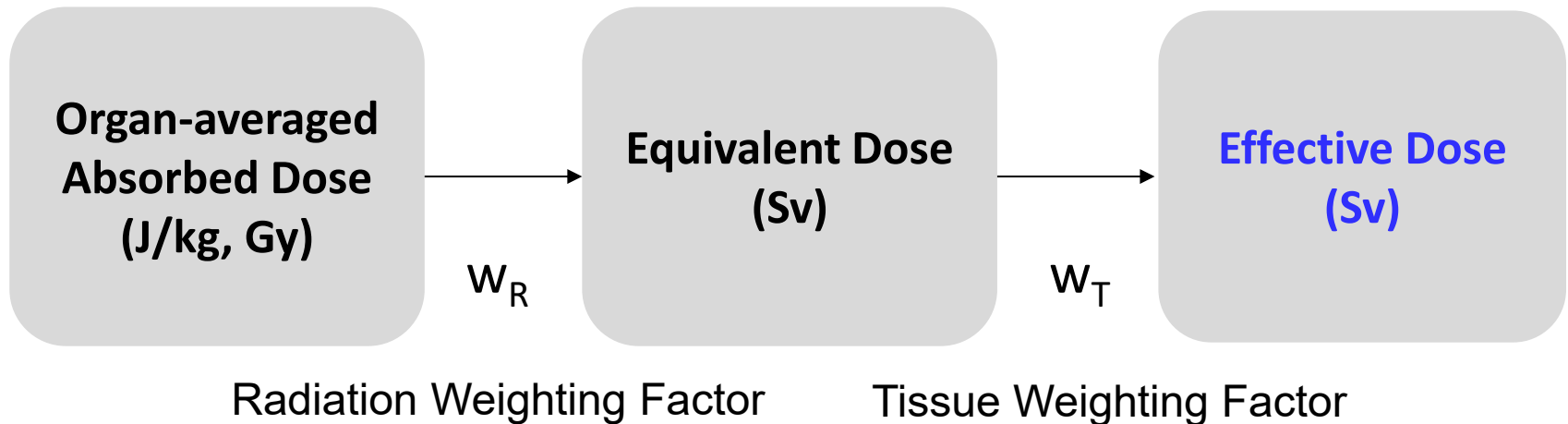
**Member, ICRP Committee 2**

**Member, ICRP Task Group 103**

*ICRP Webinar, 6 August 2025*

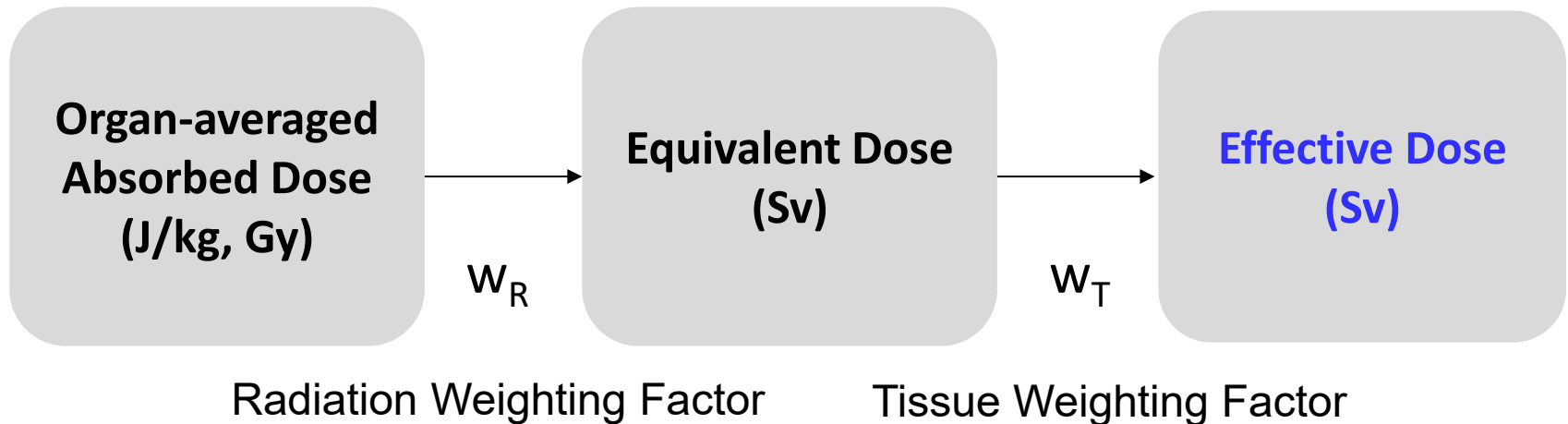
# Dose Quantities in Radiological Protection

$$H_T = \sum_R w_R D_{T,R} \quad E = \sum_T w_T \left[ \frac{H_T^M + H_T^F}{2} \right]$$



# Dose Quantities in Radiological Protection

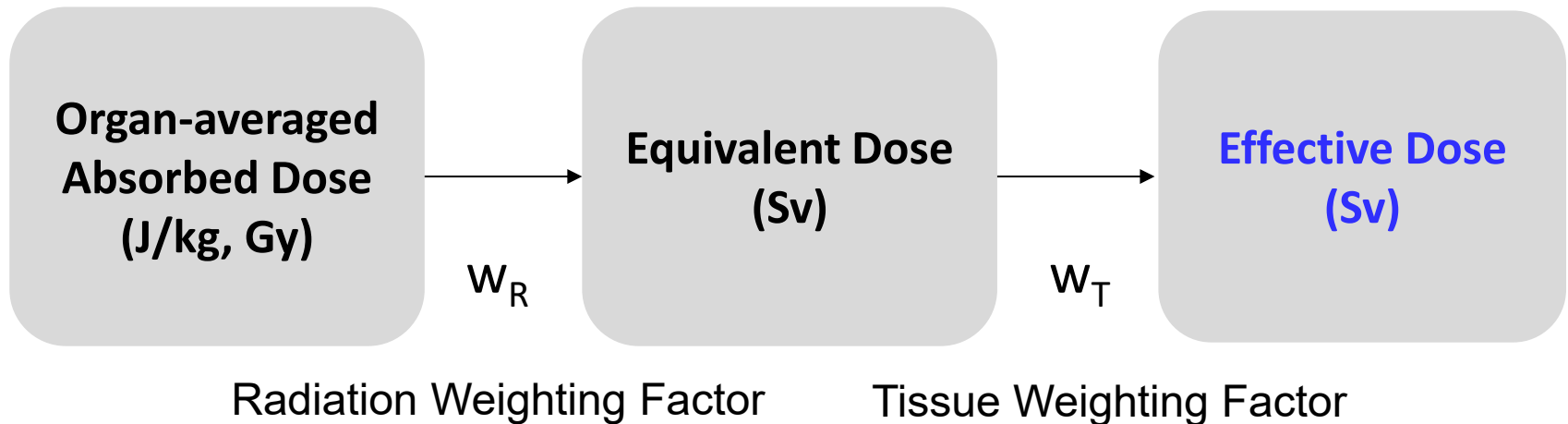
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- **Reference Person (sex-averaged)**

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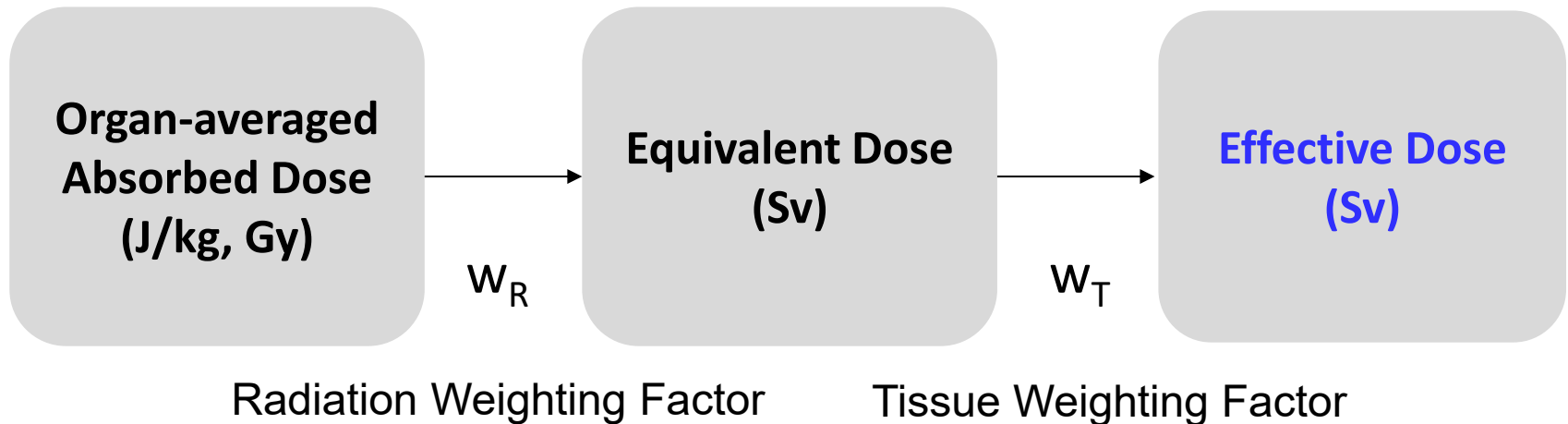
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- Reference Person (sex-averaged)
- **Non measurable**

# Dose Quantities in Radiological Protection

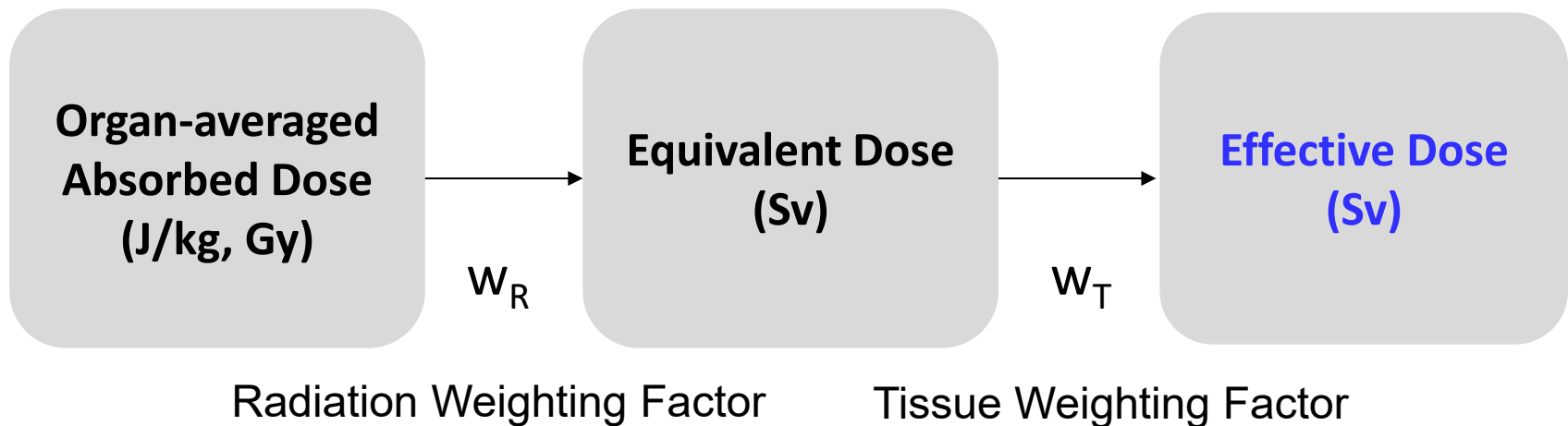
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- **Dose coefficients (e.g., fluence / intake → effective dose)**
  - ✓ Phantoms + Monte Carlo + idealized exposure scenarios

# Dose Quantities in Radiological Protection

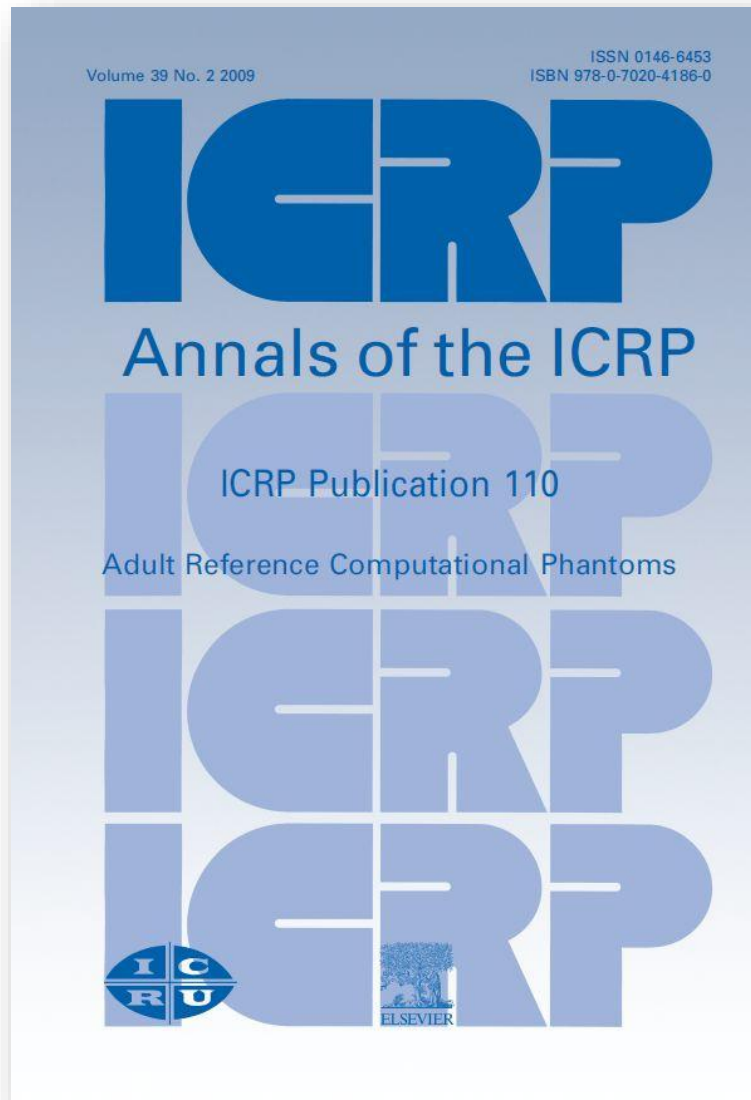
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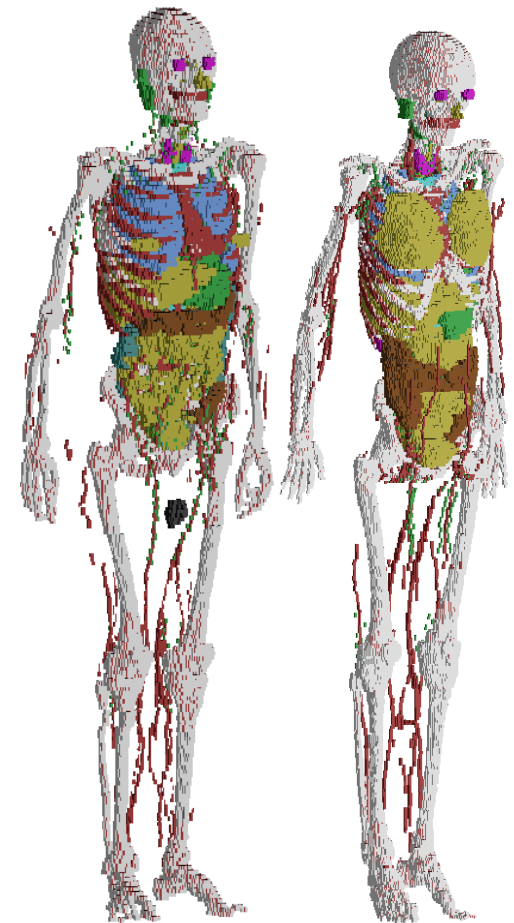
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- Non measurable
- Dose coefficients (e.g., fluence / intake → effective dose)
  - ✓ Phantoms + Monte Carlo + idealized exposure scenarios
- **Reference phantoms (ICRP 103 Recommendations)**

# VRCPs (Voxel-type Reference Computational Phantoms)

- **Adults (2)** – adult male/female (ICRP 110, 2009)



ICRP Publication 110 (2009)

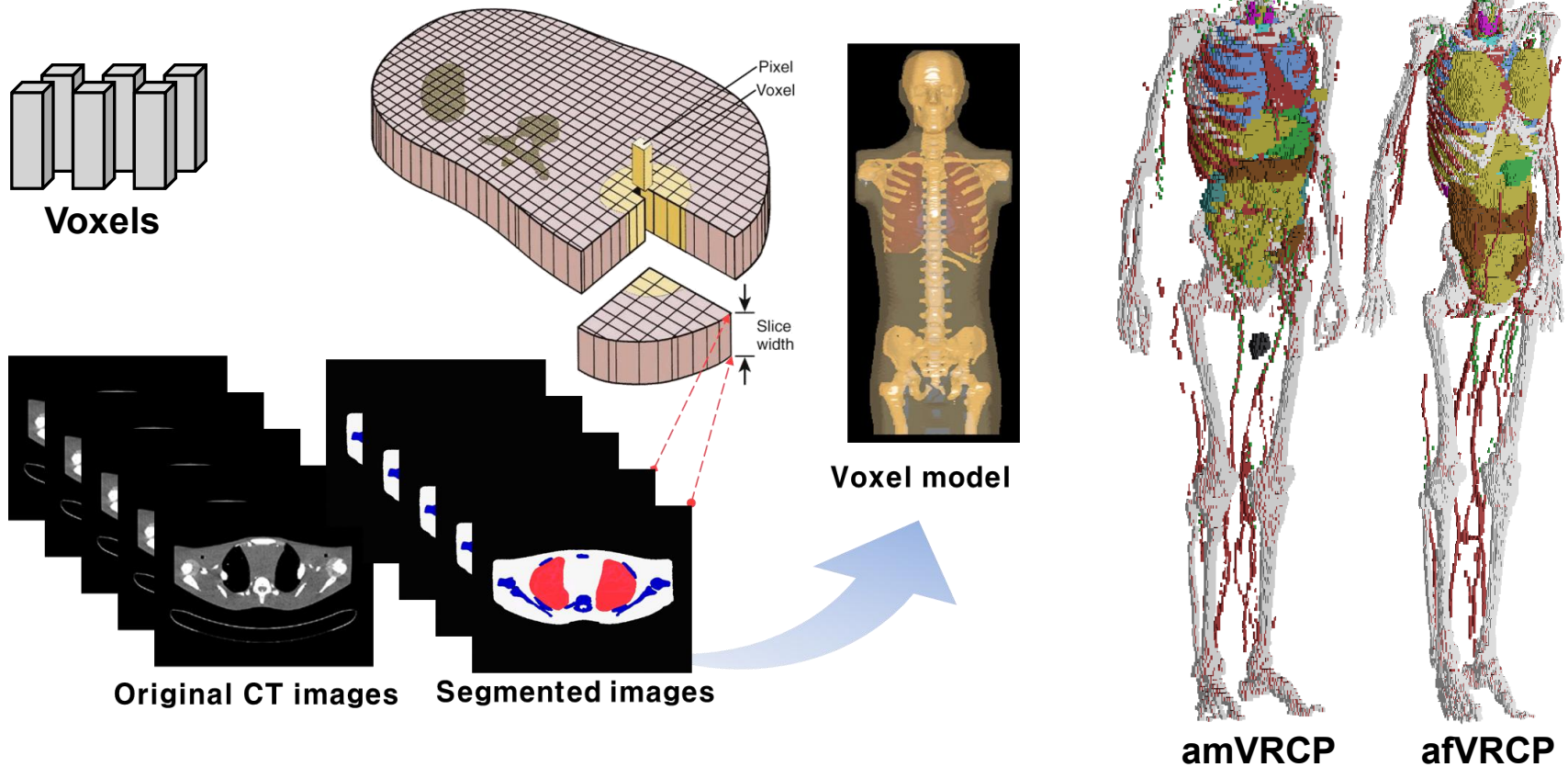


amVRCP

afVRCP

# VRCPs (Voxel-type Reference Computational Phantoms)

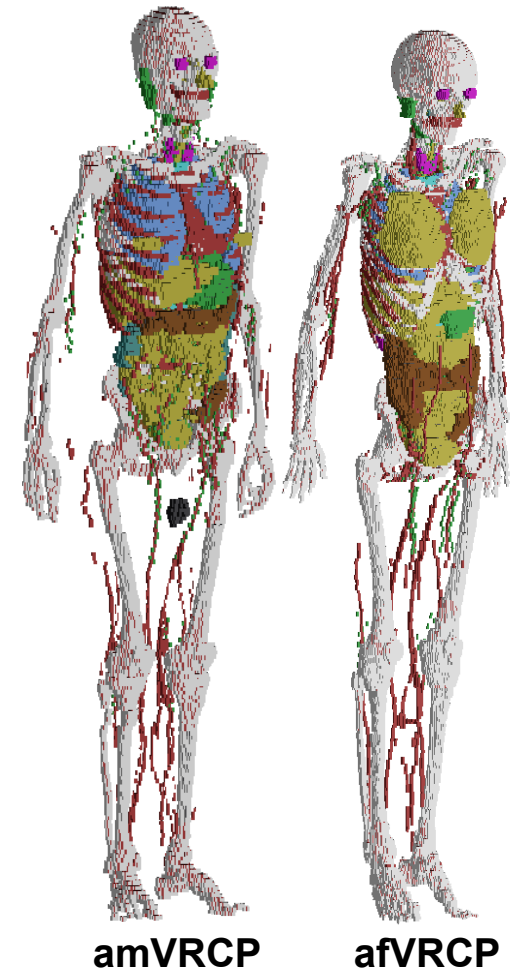
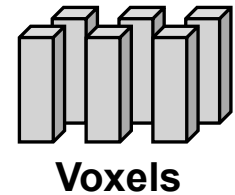
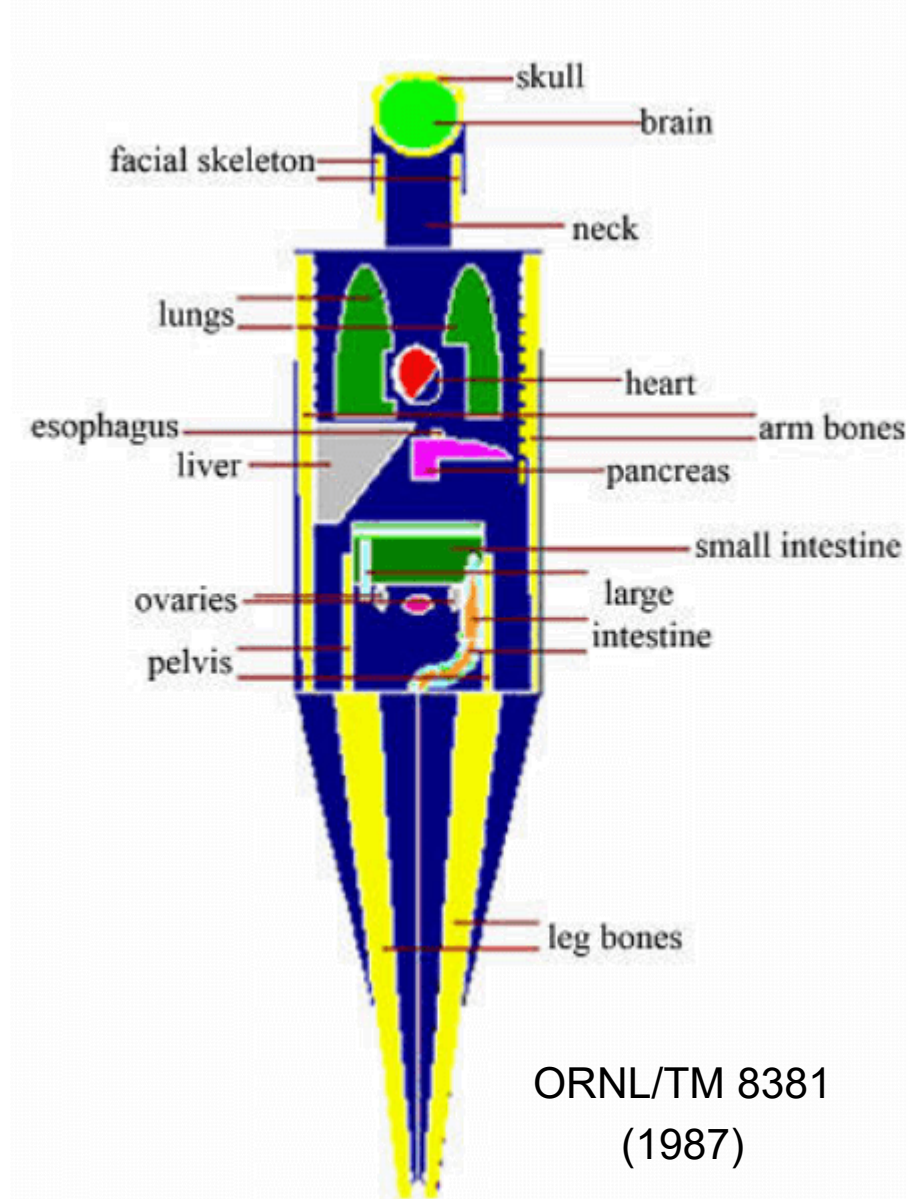
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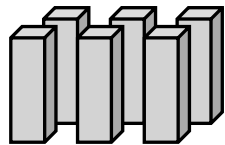
- Adults (2) – adult male/female (ICRP 110, 2009)



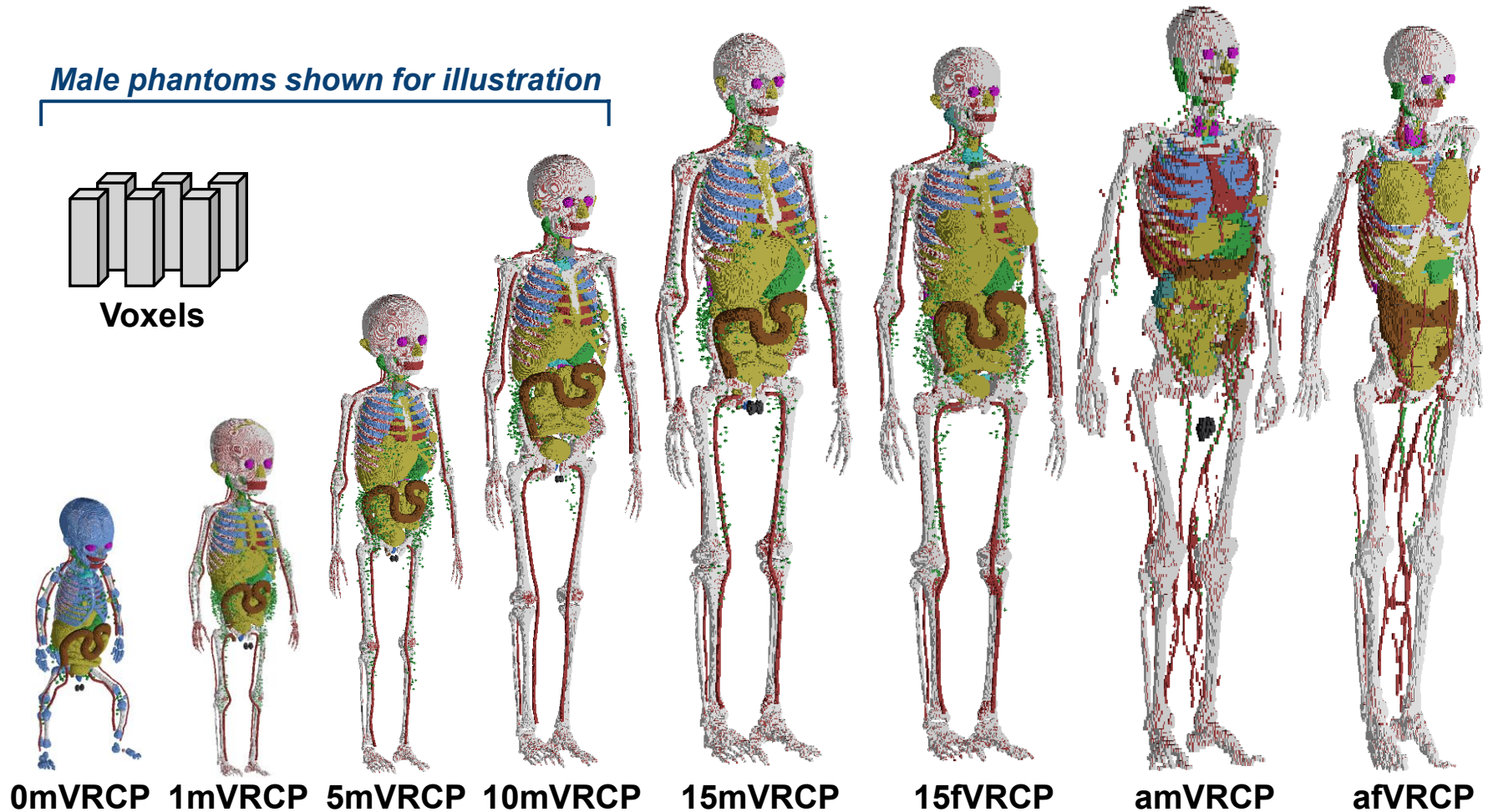
# VRCPs (Voxel-type Reference Computational Phantoms)

- **Adults (2)** – adult male/female (ICRP 110, 2009)
- **Children (10)** – newborn, 1, 5, 10, 15 years male/female (ICRP 143, 2020)

*Male phantoms shown for illustration*



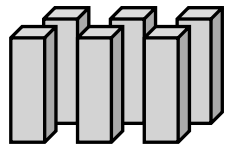
Voxels



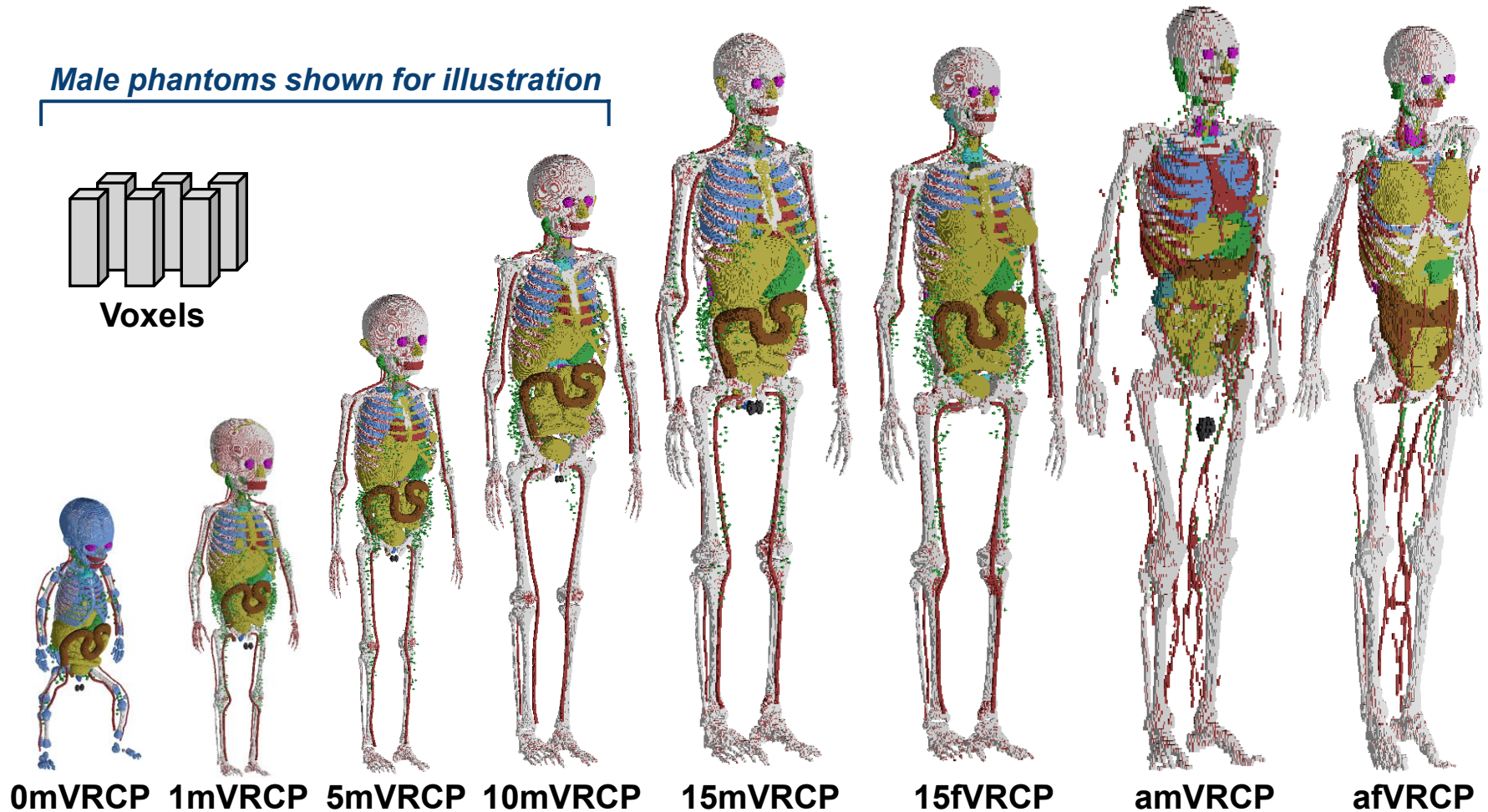
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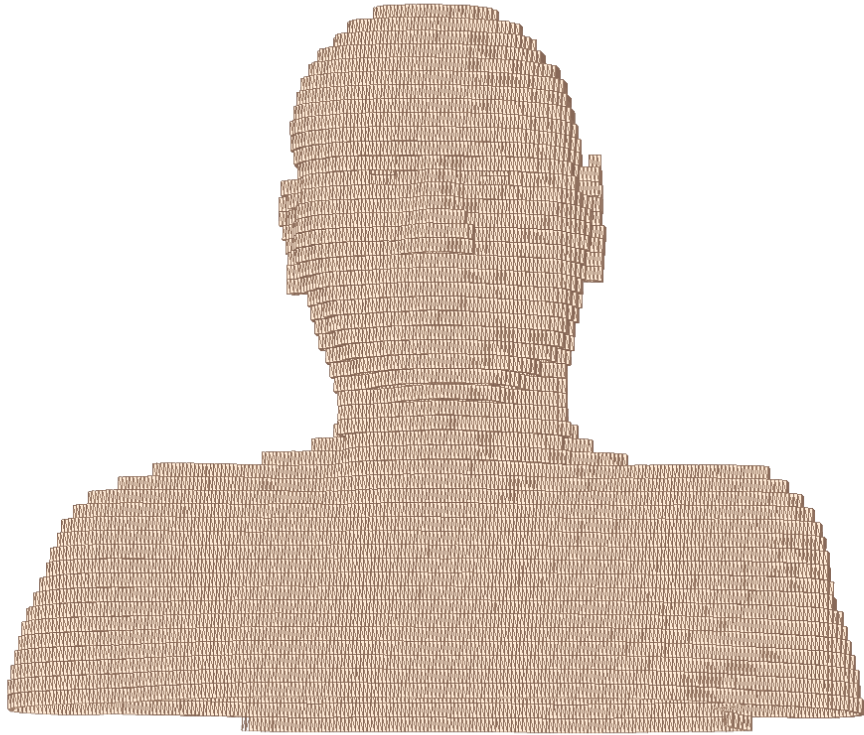
Voxels



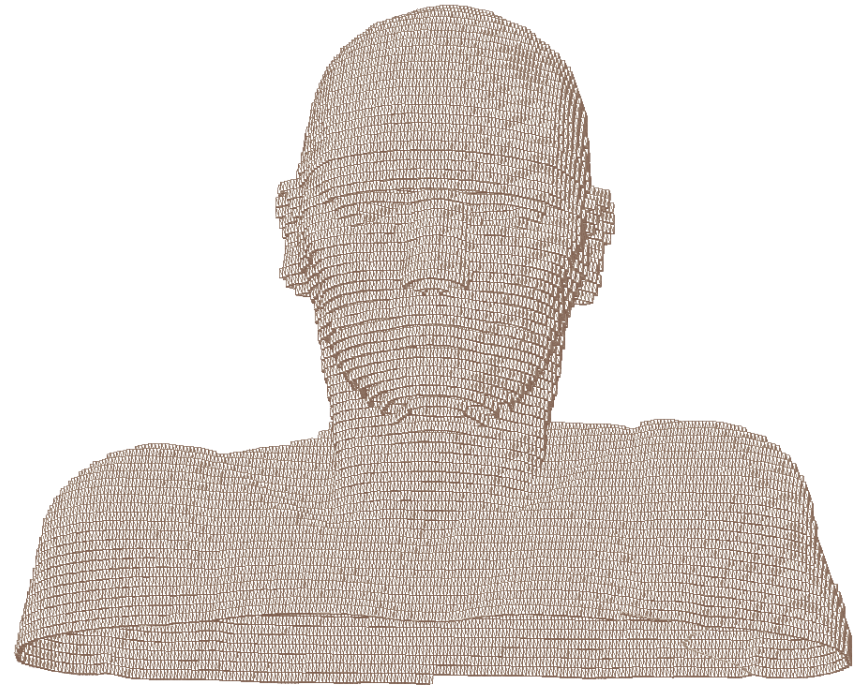
**Voxel resolutions: 0.66 – 8.00 mm**



# VRCP Limitations (Skin)



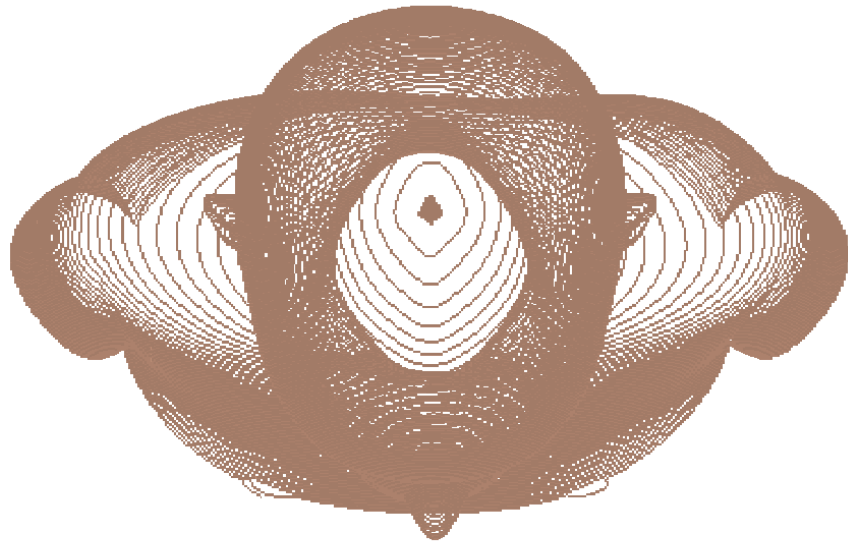
**Adult male VRCP**  
**( $2.137 \times 2.137 \times 8 \text{ mm}^3$ )**



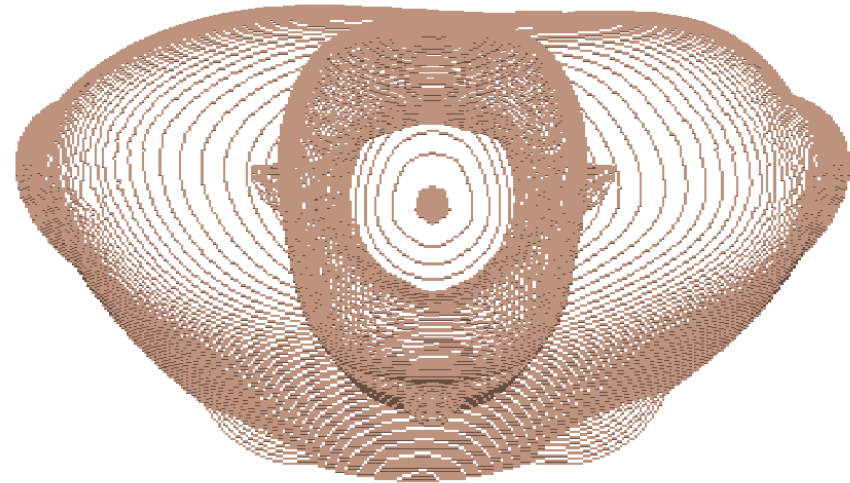
**Adult female VRCP**  
**( $1.775 \times 1.775 \times 4.8 \text{ mm}^3$ )**

***“Discontinuous”***

# VRCP Limitations (Skin)



**5-year-male VRCP**  
**( $0.85 \times 0.85 \times 1.928 \text{ mm}^3$ )**



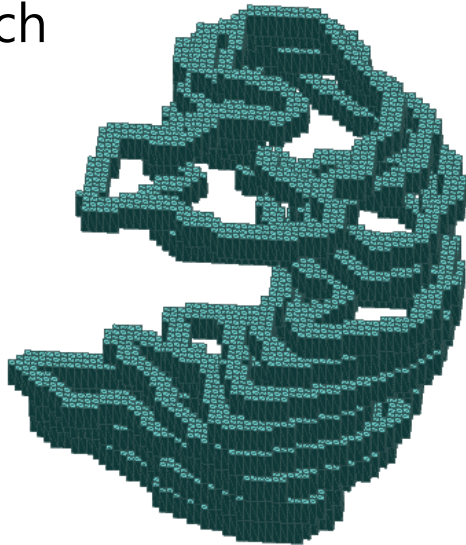
**15-year-female VRCP**  
**( $1.2 \times 1.2 \times 2.828 \text{ mm}^3$ )**

***“Discontinuous”***

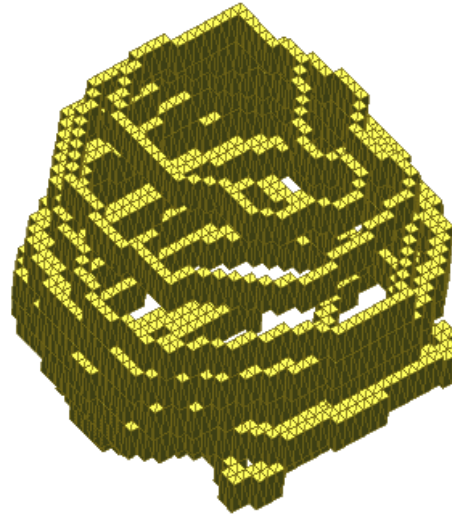
# VRCP Limitations (Hollow Organs)

Adult male VRCP  
( $2.137 \times 2.137 \times 8 \text{ mm}^3$ )

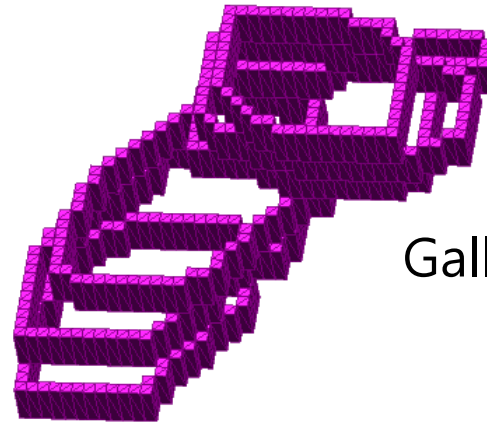
Stomach



Urinary bladder



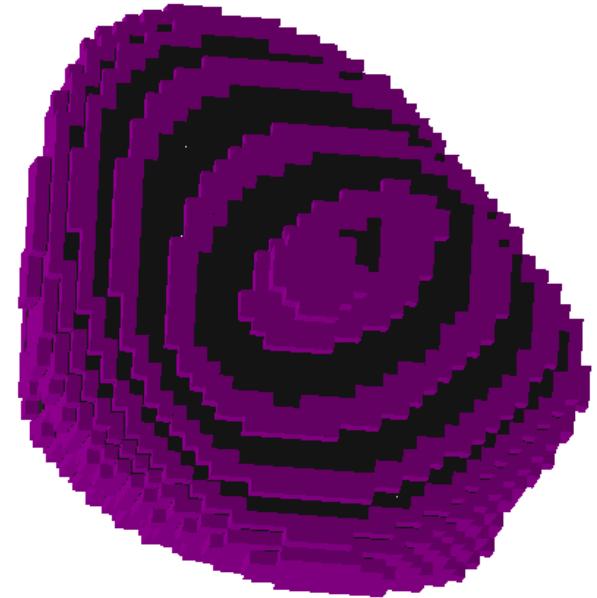
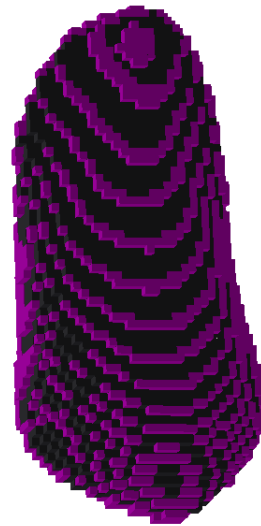
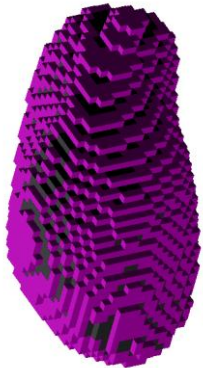
Gall bladder



***“Discontinuous”***

# VRCP Limitations (Hollow Organs)

## Gall bladder



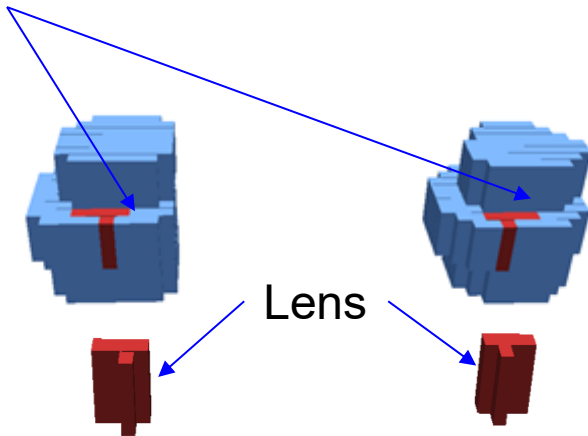
1-year-male VRCP  
( $0.663 \times 0.663 \times 1.4 \text{ mm}^3$ )      5-year-male VRCP  
( $0.85 \times 0.85 \times 1.928 \text{ mm}^3$ )      15-year-male VRCP  
( $1.2 \times 1.2 \times 2.828 \text{ mm}^3$ )

***“Discontinuous”***

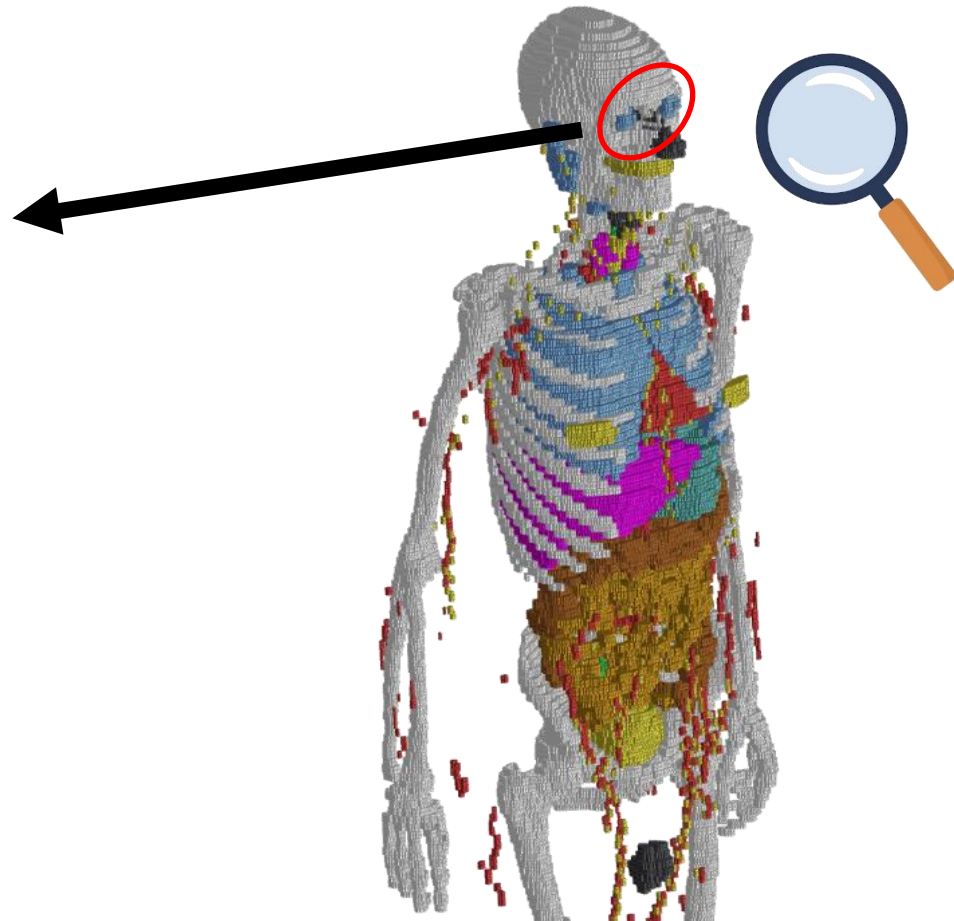
# VRCP Limitations (Eye Lens)

- The lenses of the eyes are directly exposed to air, which is anatomically incorrect, resulting in significant overestimation in lens dose calculation for weakly-penetrating radiations.

Directly exposed to air



Adult male VRCP



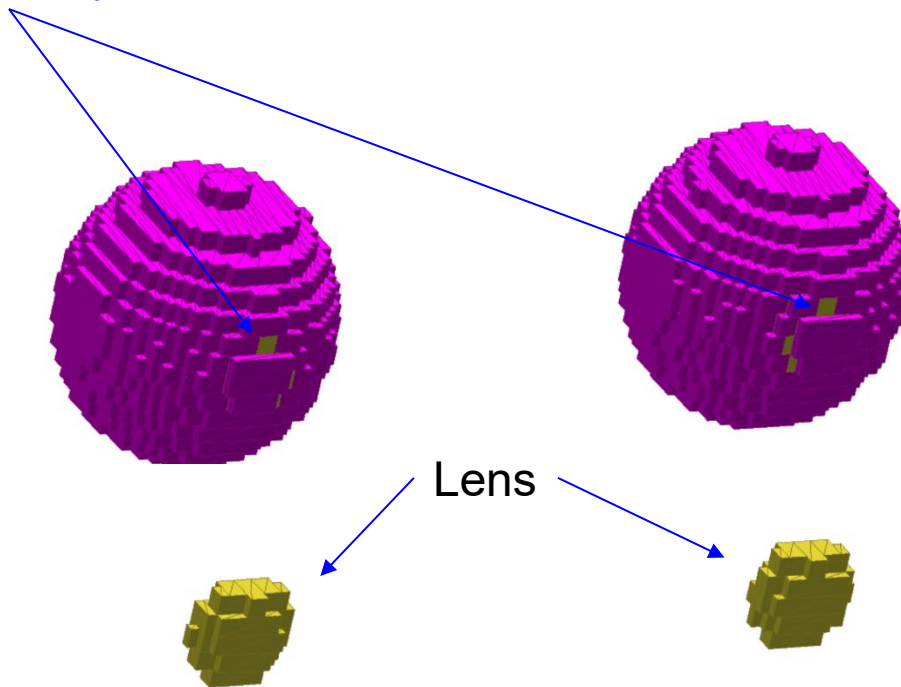
Adult male VRCP



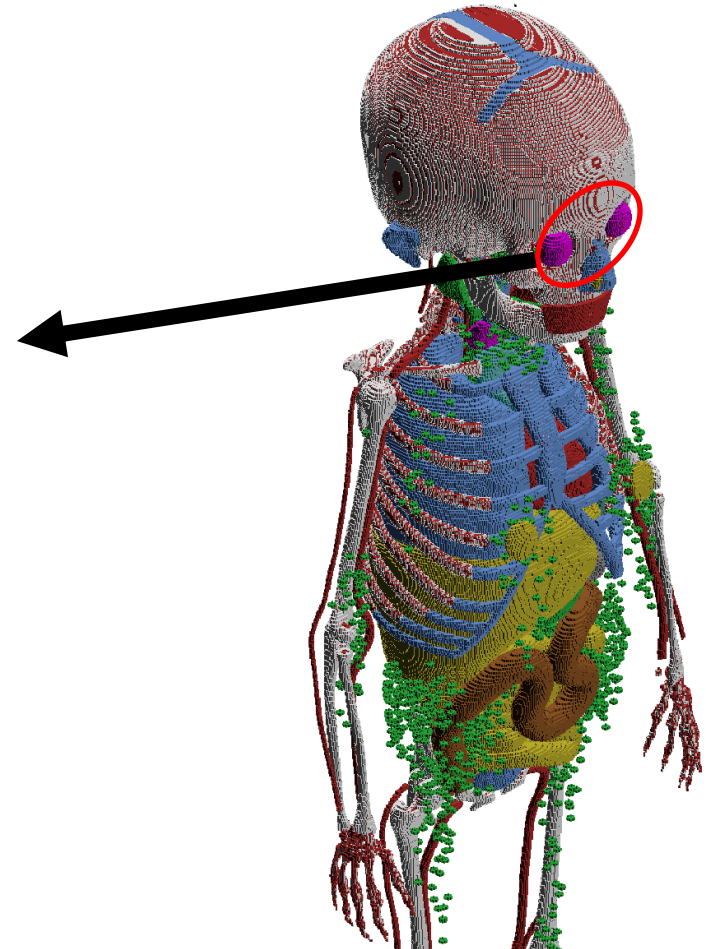
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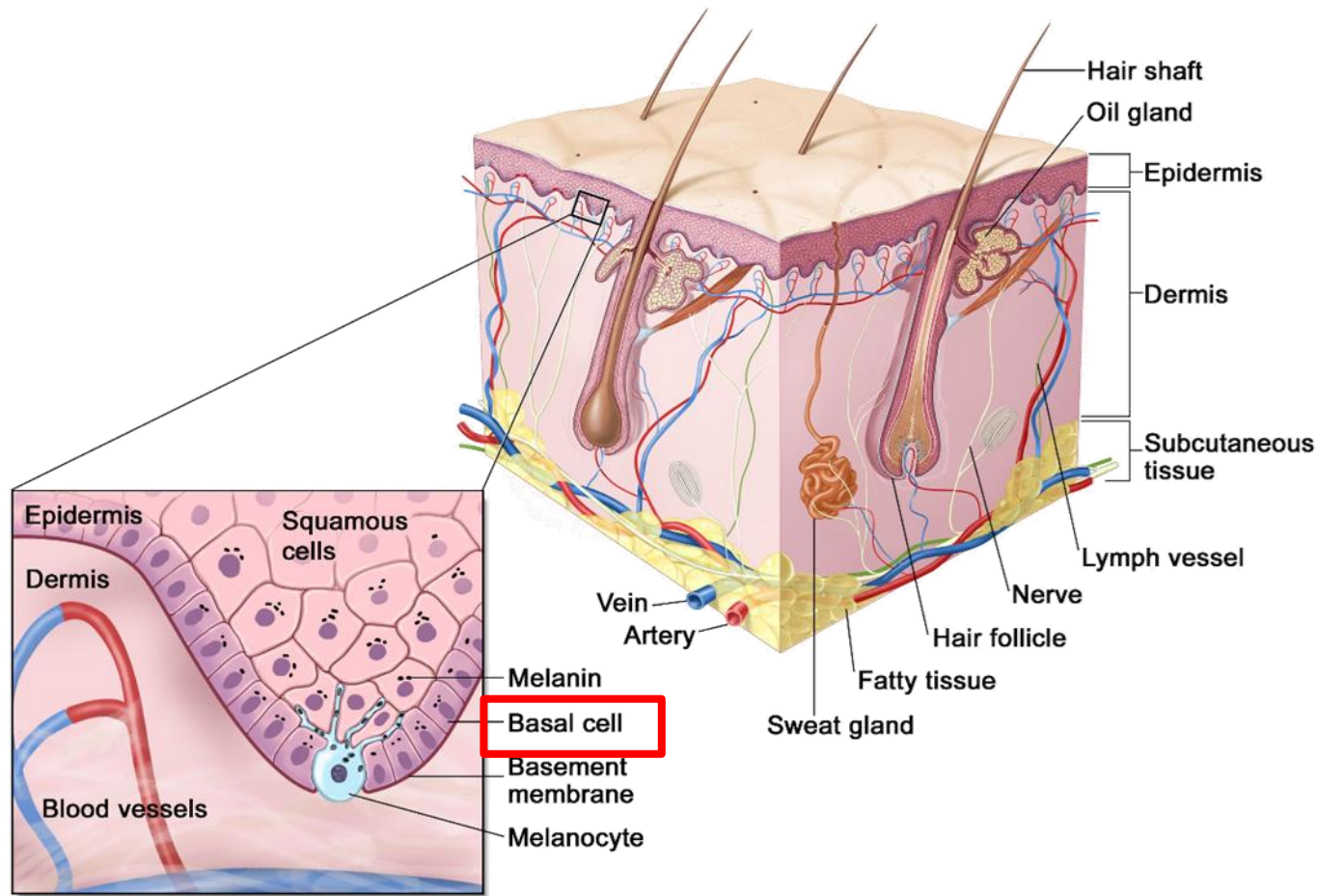


1-year-female VRCP



1-year-female VRCP

# VRCP Limitations (Micron-thick target, Skin)

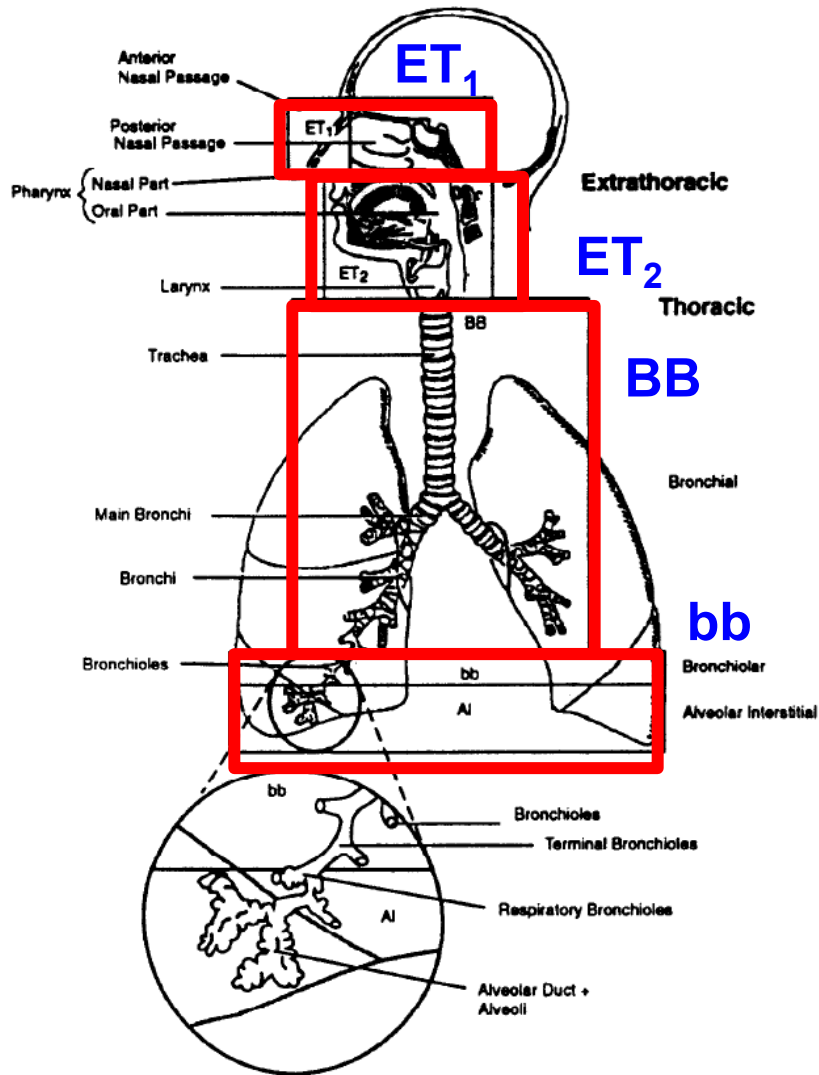


**Radiosensitive** basal cell layer

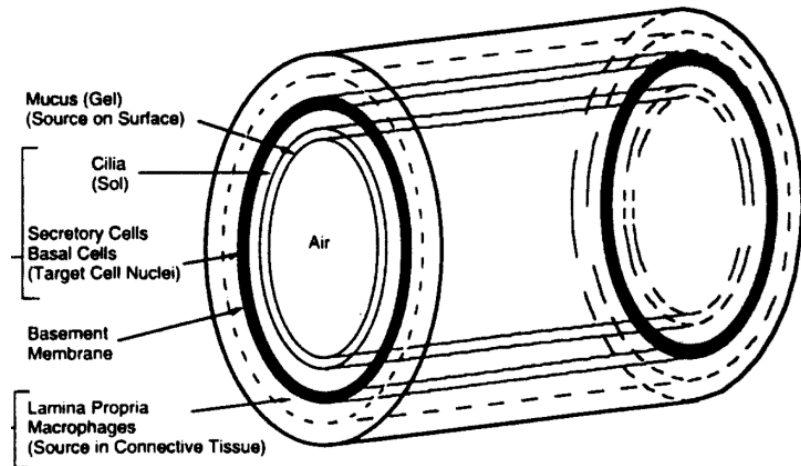
- “50- $\mu\text{m}$ ” thickness ( $\geq 15$ -year)
- “60- $\mu\text{m}$ ” thickness ( $\leq 10$ -year)

**Voxel resolutions: 0.66 – 8.00 mm**

# VRCP Limitations (Micron-thick target, Respiratory)



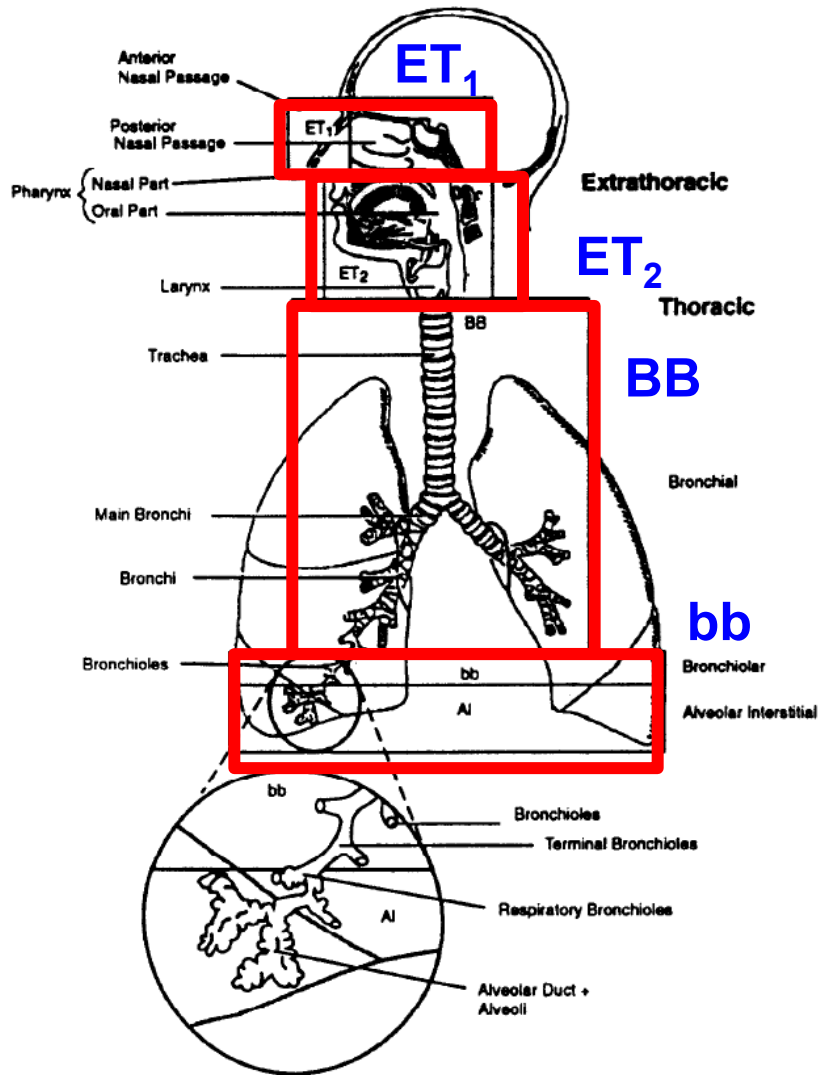
Human Respiratory Tract  
Model (ICRP 66, 1994)



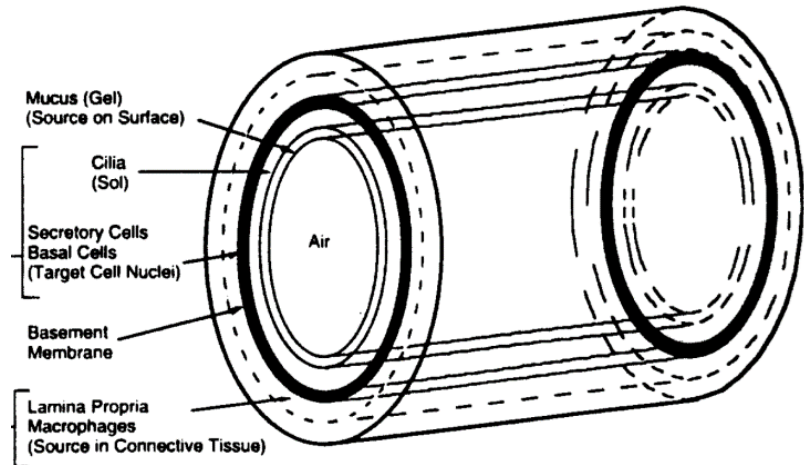
**“8-15- $\mu\text{m}$ ”** thickness  
**radiosensitive** cell layer

**Voxel resolutions: 0.66 – 8.00 mm**

# VRCP Limitations (Micron-thick target, Respiratory)



Human Respiratory Tract  
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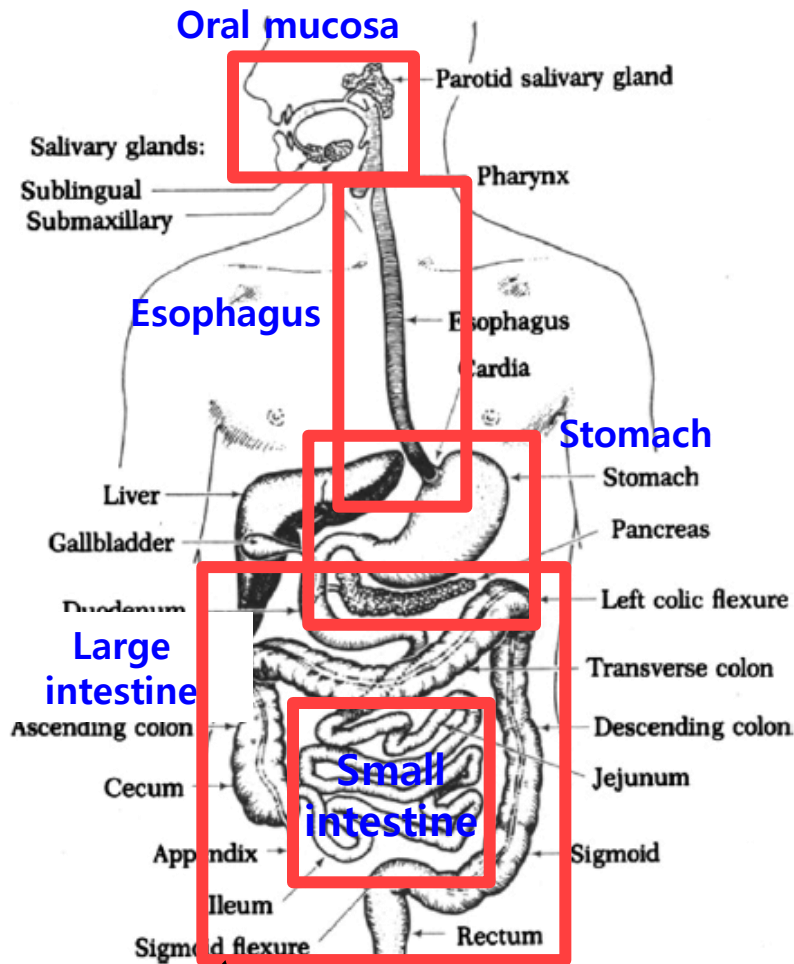
**“8-15- $\mu\text{m}$ ”** thickness  
**radiosensitive** cell layer

**24 “additional” stylized** models  
used for adult and paediatric  
SAF calculations

**Voxel resolutions: 0.66 – 8.00 mm**



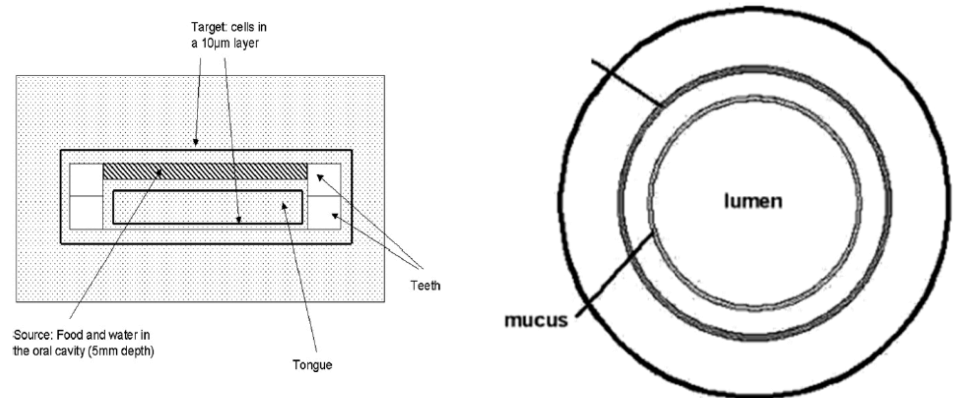
# VRCP Limitations (Micron-thick target, Alimentary)



Note: 3 different stylized phantoms are used for large intestine.

Human Alimentary Tract Model  
(ICRP 100, 2006)

**“10-40- $\mu\text{m}$ ”** thickness  
**radiosensitive** cell layers



**42 “additional” stylized models**  
**used for adult and paediatric**  
**SAF calculations**

**Voxel resolutions: 0.66 – 8.00 mm**

# Other Limitations

- The VRCs were matched to the reference organ masses **exclusive of blood content.**
  - Organs smaller than usual (i.e., by 3-20%)
  - Some neighboring organs not in contact
- These phantoms are **not deformable.**
- Some spongiosa is not fully covered by cortical bone.
- Some cartilage is included in spongiosa.
- The sacrum of the female phantom does not have cortical bone.
- The distribution of lymphatic nodes in the phantoms are not symmetric.
- Some tissue masses do not match the ICRP-89 data

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# Advances in Phantom Technology

1950s~1960s

**Simplified**

**1<sup>st</sup> Generation  
(1960s~)**

**Stylized  
(Equations)**

**2<sup>nd</sup> Generation  
(1980s~)**

**Voxel  
(Volume Mesh)**

**3<sup>rd</sup> Generation  
(2000s~)**

**NURBS/Polygon  
Mesh  
(Surface Mesh)**

**4<sup>th</sup> Generation  
(2010s~)**

**Tetrahedron  
(Volume Mesh)**

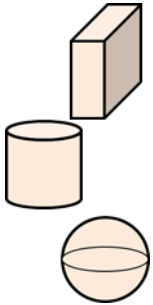
**To represent the human anatomy more  
realistic and precise**



# Advances in Phantom Technology

1950s~1960s

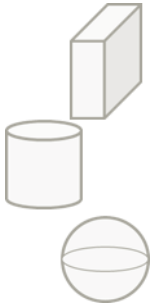
Simplified



# Advances in Phantom Technology

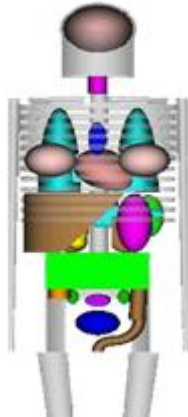
1950s~1960s

Simplified



**1<sup>st</sup> Generation  
(1960s~)**

**Stylized  
(Equations)**

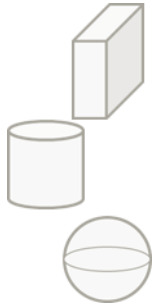


MIRD5, ORNL  
ADAM/EVA,  
KMIRD, ...

# Advances in Phantom Technology

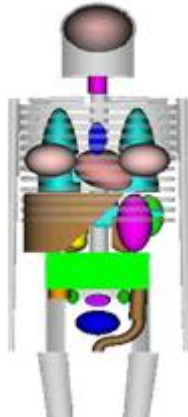
1950s~1960s

Simplified



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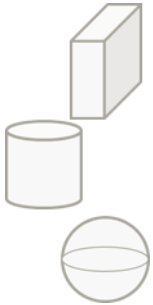
MIRD5, ORNL  
ADAM/EVA,  
KMIRD, ...

- Specific organs

# Advances in Phantom Technology

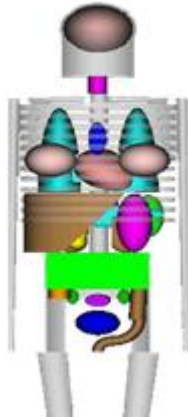
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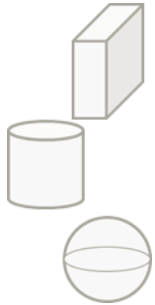
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ADAM/EVA,  
KMIRD, ...

- Specific organs
- **Not realistic**

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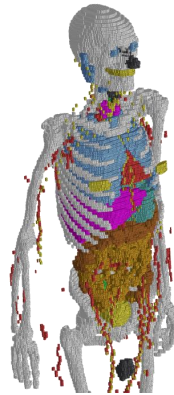
Stylized  
(Equations)



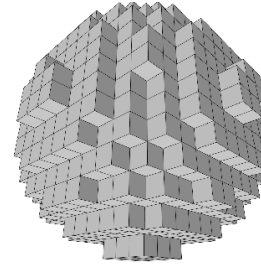
MIRD5, ORNL  
ADAM/EVA,  
KMIRD, ...

2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)



ICRP 110,  
VIP-MAN,  
HDRKs, ...



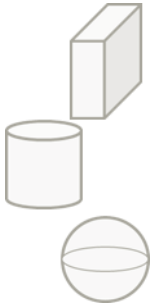
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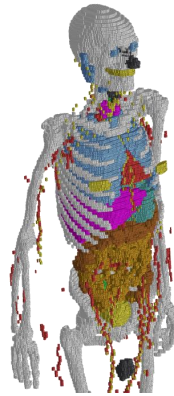


MIRD5, ORNL  
ADAM/EVA,  
KMIRD, ...

- Specific organs
- Not realistic

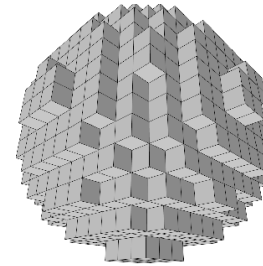
2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)

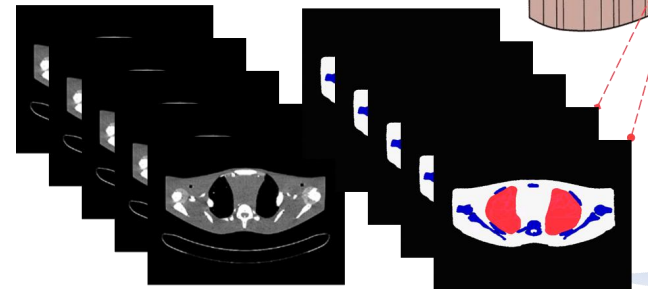
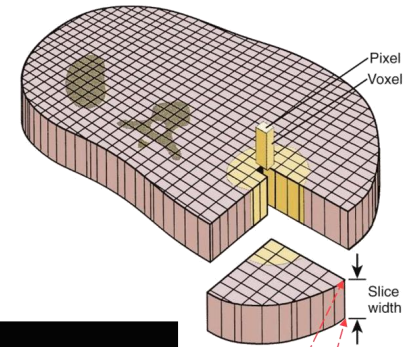


ICRP 110,  
VIP-MAN,  
HDRKs, ...

- Realistic than stylized

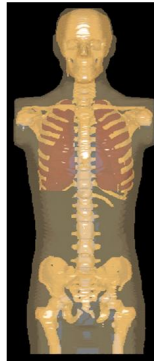


Voxel



Original CT images

Segmented images

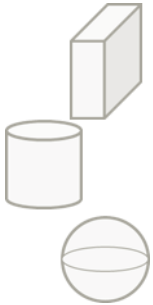


Voxel model

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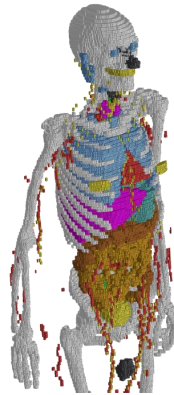


MIRD5, ORNL  
ADAM/EVA,  
KMIRD, ...

- Specific organs
- Not realistic

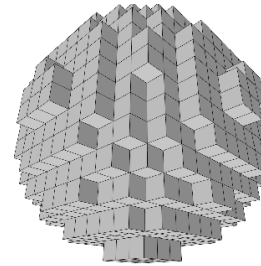
2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)



ICRP 110,  
VIP-MAN,  
HDRKs, ...

- Realistic than stylized
- Limited voxel resolutions (millimeter scale)



Voxel

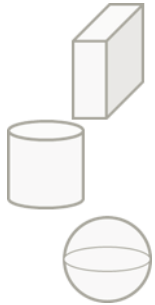
## ▪ Difficult to define thin/tiny organs

- Holes in the skin and hollow organs
- Difficult to define micron-thick radiosensitive target regions
  - Skin: 50- or 60- $\mu\text{m}$ -thick target layer
  - HATM/HRTM: 8-40- $\mu\text{m}$ -thick target layer
  - Eye lens: 400  $\mu\text{m}$  on average

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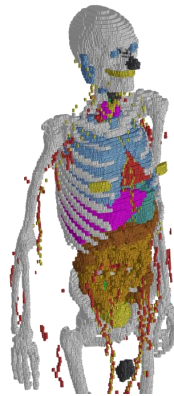


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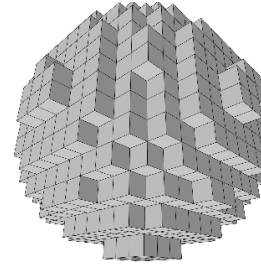
2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)



ICRP 110,  
VIP-MAN,  
HDRKs, ...

- Realistic than stylized
- Limited voxel resolutions (millimeter scale)
- **Not deformable**
- **Stair-stepped**



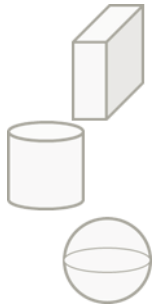
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Stylized  
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- Not realistic

2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)

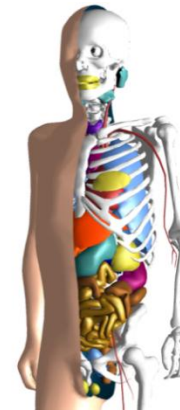


ICRP 110,  
VIP-MAN,  
HDRKs, ...

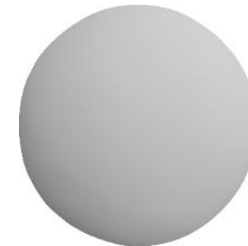
- Realistic than stylized
- Limited voxel resolutions (millimeter scale)
- Not deformable
- Stair-stepped

3<sup>rd</sup> Generation  
(2000s~)

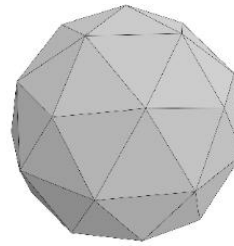
NURBS/Polygon  
Mesh  
(Surface Mesh)



PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...



NURBS

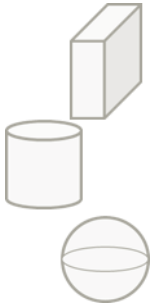


Polygon  
Mesh

# Advances in Phantom Technology

1950s~1960s

Simplified



1<sup>st</sup> Generation  
(1960s~)

Stylized  
(Equations)



MIRD5, ORNL  
ADAM/EVA,  
KMIRD, ...

- Specific organs
- Deformable
- Not realistic

2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)

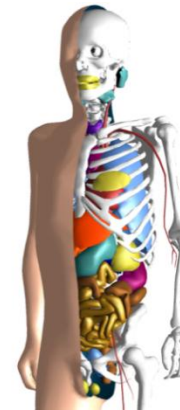


ICRP 110,  
VIP-MAN,  
HDRKs, ...

- Realistic than stylized
- Limited voxel resolutions (millimeter scale)
- Not deformable
- Stair-stepped

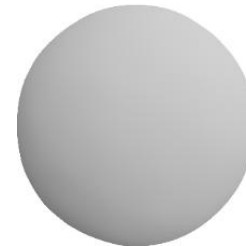
3<sup>rd</sup> Generation  
(2000s~)

NURBS/Polygon  
Mesh  
(Surface Mesh)

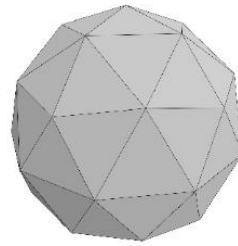


PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

- Smooth boundary



NURBS

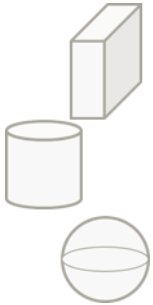


Polygon  
Mesh

# Advances in Phantom Technology

1950s~1960s

Simplified



1<sup>st</sup> Generation  
(1960s~)

Stylized  
(Equations)



MIRD5, ORNL  
ADAM/EVA,  
KMIRD, ...

- Specific organs
- Deformable
- Not realistic

2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)

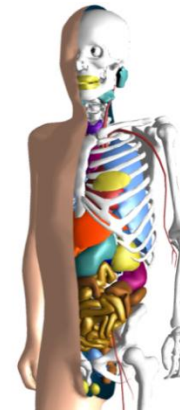


ICRP 110,  
VIP-MAN,  
HDRKs, ...

- Realistic than stylized
- Limited voxel resolutions (millimeter scale)
- Not deformable
- Stair-stepped

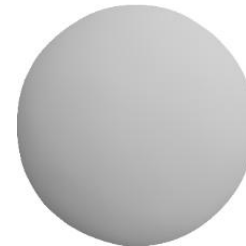
3<sup>rd</sup> Generation  
(2000s~)

NURBS/Polygon  
Mesh  
(Surface Mesh)

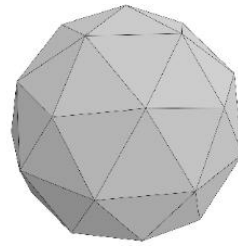


PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

- Smooth boundary
- **Thin/small structures**



NURBS

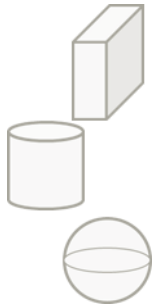


Polygon  
Mesh

# Advances in Phantom Technology

1950s~1960s

Simplified



1<sup>st</sup> Generation  
(1960s~)

Stylized  
(Equations)



MIRD5, ORNL  
ADAM/EVA,  
KMIRD, ...

- Specific organs
- Deformable
- Not realistic

2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)

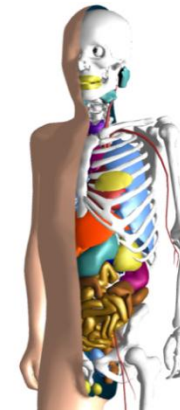


ICRP 110,  
VIP-MAN,  
HDRKs, ...

- Realistic than stylized
- Limited voxel resolutions (millimeter scale)
- Not deformable
- Stair-stepped

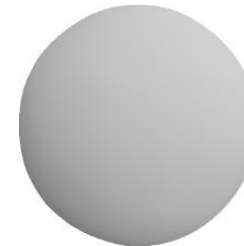
3<sup>rd</sup> Generation  
(2000s~)

**NURBS/Polygon  
Mesh  
(Surface Mesh)**

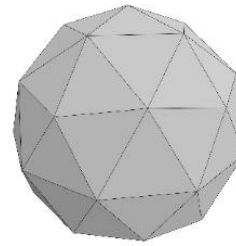


PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

- Smooth boundary
- Thin/small structures
- **Deformable**



NURBS



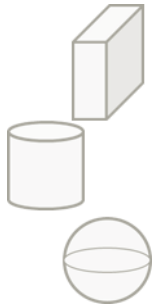
Polygon  
Mesh



# Advances in Phantom Technology

1950s~1960s

Simplified



1<sup>st</sup> Generation  
(1960s~)

Stylized  
(Equations)



MIRD5, ORNL  
ADAM/EVA,  
KMIRD, ...

- Specific organs
- Deformable
- Not realistic

2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)

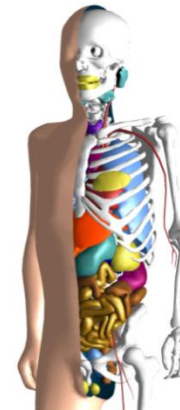


ICRP 110,  
VIP-MAN,  
HDRKs, ...

- Realistic than stylized
- Limited voxel resolutions (millimeter scale)
- Not deformable
- Stair-stepped

3<sup>rd</sup> Generation  
(2000s~)

**NURBS/Polygon  
Mesh  
(Surface Mesh)**



PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

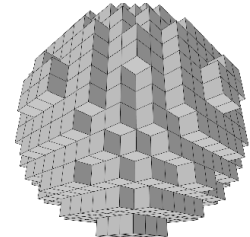
- Smooth boundary
- Thin/small structures
- Deformable
- Voxelized for MC



NURBS



Polygon  
Mesh



Voxel

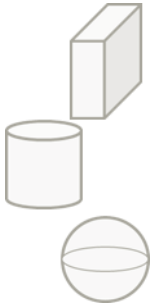


**Monte Carlo codes**

# Advances in Phantom Technology

1950s~1960s

Simplified



1<sup>st</sup> Generation  
(1960s~)

Stylized  
(Equations)



MIRD5, ORNL  
ADAM/EVA,  
KMIRD, ...

- Specific organs
- Deformable
- Not realistic

2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)

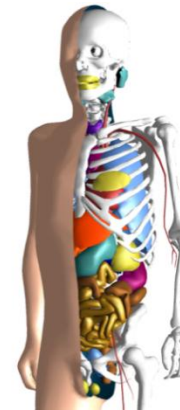


ICRP 110,  
VIP-MAN,  
HDRKs, ...

- Realistic than stylized
- Limited voxel resolutions (millimeter scale)
- Not deformable
- Stair-stepped

3<sup>rd</sup> Generation  
(2000s~)

NURBS/Polygon  
Mesh  
(Surface Mesh)



PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

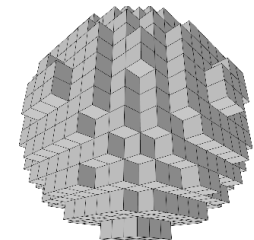
- Smooth boundary
- Thin/small structures
- Deformable
- Voxelized for MC



NURBS



Polygon  
Mesh



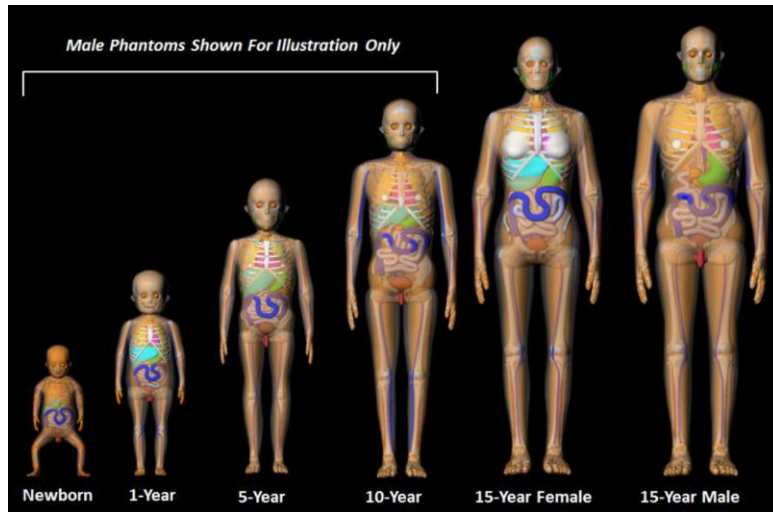
Voxel



**Monte Carlo codes**



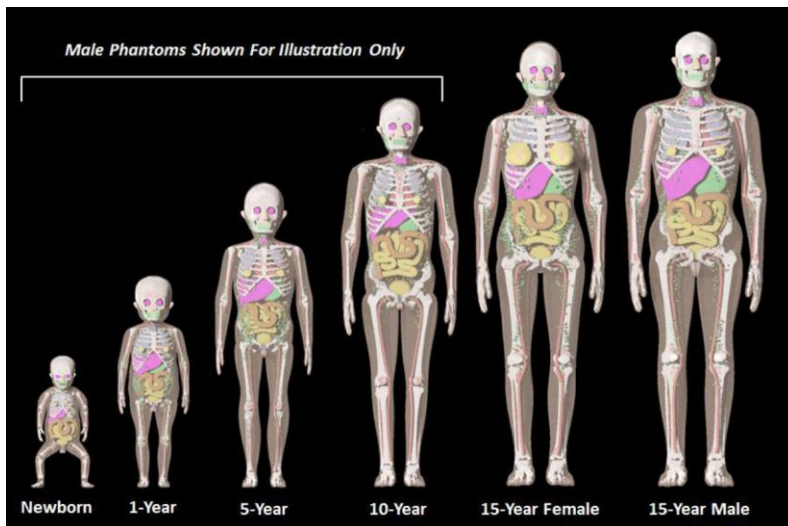
# Advances in Phantom Technology



UF/NCI pediatric phantoms



**Voxelized**



Pediatric VRCPs (ICRP 143, 2020)

**3<sup>rd</sup> Generation  
(2000s~)**

**NURBS/Polygon  
Mesh  
(Surface Mesh)**



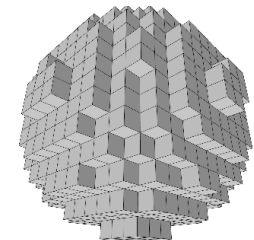
NURBS



Polygon  
Mesh

PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

- Smooth boundary
- Thin/small structures
- Deformable
- **Voxelized for MC**



Voxel



**Monte Carlo codes**

# Advances in Phantom Technology

IOP PUBLISHING

PHYSICS IN MEDICINE AND BIOLOGY

Phys. Med. Biol. **56** (2011) 3137–3161

doi:10.1088/0031-9155/56/10/016

## A polygon-surface reference Korean male phantom (PSRK-Man) and its direct implementation in Geant4 Monte Carlo simulation

Chan Hyeong Kim<sup>1</sup>, Jong Hwi Jeong<sup>1</sup>, Wesley E Bolch<sup>2</sup>, Kun-Woo Cho<sup>3</sup> and Sung Bae Hwang<sup>4</sup>

<sup>1</sup> Department of Nuclear Engineering, Hanyang University, 17 Haengdang-dong, Seongdong-gu, Seoul 133-791, Korea

<sup>2</sup> Department of Nuclear and Radiological Engineering, University of Florida, Gainesville, FL 32611, USA

<sup>3</sup> Korea Institute of Nuclear Safety, 19 Guseong-dong, Yuseong-gu, Daejeon 305-600, Korea

<sup>4</sup> Department of Physical Therapy, Kyungbuk College, Hyucheon 2-dong, Yeongju-si, Gyeongbuk 750-712, Korea

E-mail: [chkim@hanyang.ac.kr](mailto:chkim@hanyang.ac.kr)

Received 10 January 2011, in final form 17 March 2011

Published 27 April 2011

Online at [stacks.iop.org/PMB/56/3137](http://stacks.iop.org/PMB/56/3137)

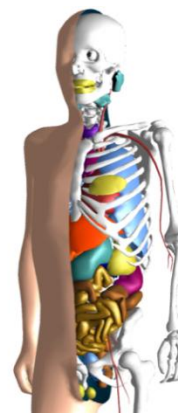
### Abstract

Even though the hybrid phantom embodies both the anatomic reality of voxel phantoms and the deformability of stylized phantoms, it must be voxelized to be used in a Monte Carlo code for dose calculation or some imaging simulation, which incurs the inherent limitations of voxel phantoms. In the present study, a voxel phantom named VKH-Man (Visible Korean Human-Man), was converted to a polygon-surface phantom (PSRK-Man, Polygon-Surface Reference Korean-Man), which was then adjusted to the Reference Korean data. Subsequently, the PSRK-Man polygon phantom was directly, without any voxelization process, implemented in the Geant4 Monte Carlo code for dose calculations. The calculated dose values and computation time

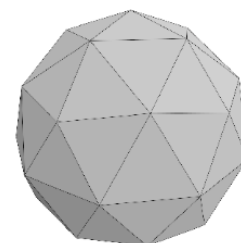
*Kim et al., PMB 2011*

3<sup>rd</sup> Generation  
(2000s~)

NURBS/Polygon  
Mesh  
(Surface Mesh)



NURBS



Polygon  
Mesh

PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

Direct  
(Voxelized X)

- Smooth boundary
- Thin/small structures
- Deformable
- Voxelized for MC



Monte Carlo codes



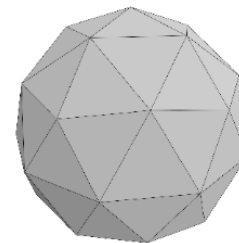
# Advances in Phantom Technology

3<sup>rd</sup> Generation  
(2000s~)

**NURBS/Polygon  
Mesh  
(Surface Mesh)**



NURBS



Polygon  
Mesh

PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

**Direct  
(Voxelized X)**

- Smooth boundary
- Thin/small structures
- Deformable
- Voxelized for MC
- **Slow MC calc.**



**Monte Carlo codes**

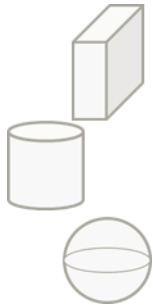
30-90 times **slower**  
(Voxel >> Polygon)

*Kim et al., PMB 2011*

# Advances in Phantom Technology

1950s~1960s

Simplified



1<sup>st</sup> Generation  
(1960s~)

Stylized  
(Equations)



MIRD5, ORNL  
ADAM/EVA,  
KMIRD, ...

- Specific organs
- Deformable
- Not realistic

2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)

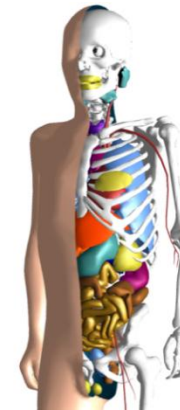


ICRP 110,  
VIP-MAN,  
HDRKs, ...

- Realistic than stylized
- Limited voxel resolutions (millimeter scale)
- Not deformable
- Stair-stepped

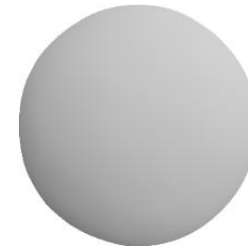
3<sup>rd</sup> Generation  
(2000s~)

NURBS/Polygon  
Mesh  
(Surface Mesh)

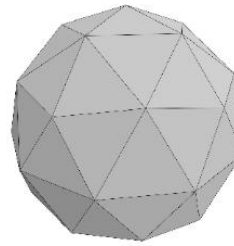


PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

- Smooth boundary
- Thin/small structures
- Deformable
- Voxelized for MC
- Slow MC calc.
- **No sub-organ density variation**



NURBS

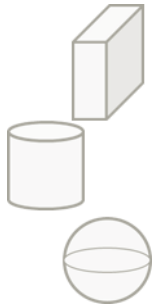


Polygon  
Mesh

# Advances in Phantom Technology

1950s~1960s

Simplified



1<sup>st</sup> Generation  
(1960s~)

Stylized  
(Equations)



MIRD5,  
ADAM/EVA,  
KMIRD, ...

- Specific organs
- Deformable
- Not realistic

2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)



ICRP 110,  
VIP-MAN,  
HDRKs, ...

- Realistic than stylized
- Limited voxel resolutions (millimeter scale)
- Not deformable
- Stair-stepped

3<sup>rd</sup> Generation  
(2000s~)

NURBS/Polygon  
Mesh  
(Surface Mesh)

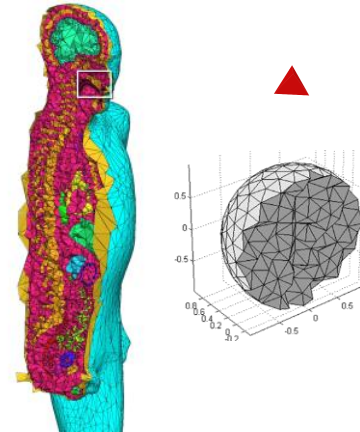


PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

- Smooth boundary
- Thin/small structures
- Deformable
- Voxelized for MC
- Slow MC calc.
- No sub-organ density variation

4<sup>th</sup> Generation  
(2010s~)

Tetrahedron  
(Volume Mesh)



THRKs,  
MRCPs,  
MRKPs

## Tetrahedral-mesh-based computational human phantom for fast Monte Carlo dose calculations

Yeon Soo Yeom<sup>1</sup>, Jong Hwi Jeong<sup>2</sup>, Min Cheol Han<sup>1</sup>  
and Chan Hyeong Kim<sup>1</sup>

<sup>1</sup> Department of Nuclear Engineering, Hanyang University, 222 Wangsimni-ro, Seongdong-gu, Seoul 133-791, Korea

<sup>2</sup> Center for Proton Therapy, National Cancer Center, 111 Jungbalsan-ro, Ilsandong-gu, Goyang-si, Gyeonggi-do 410-769, Korea

E-mail: [chkim@hanyang.ac.kr](mailto:chkim@hanyang.ac.kr)

Received 22 October 2013, revised 24 April 2014

Accepted for publication 2 May 2014

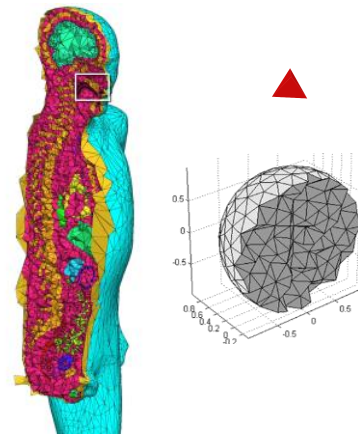
Published 27 May 2014

### Abstract

Although polygonal-surface computational human phantoms can address several critical limitations of conventional voxel phantoms, their Monte Carlo simulation speeds are much slower than those of voxel phantoms. In this study, we sought to overcome this problem by developing a new type of computational human phantom, a tetrahedral mesh phantom, by converting

4<sup>th</sup> Generation  
(2010s~)

Tetrahedron  
(Volume Mesh)



THRKS,  
MRCPs,  
MRKPs

# Advances in Phantom Technology

IOP Publishing | Institute of Physics and Engineering in Medicine

Physics in Medicine and Biology

Phys. Med. Biol. 59 (2014) 3173–3185

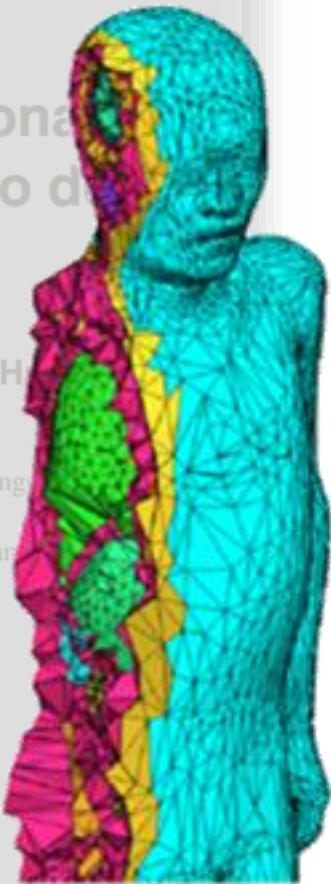
doi:10.1088/0031-9155/59/12/3173



**Polygon**



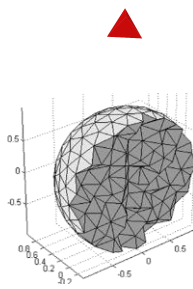
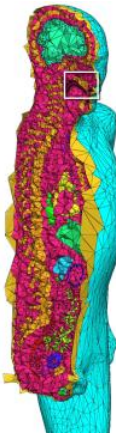
**Tetrahedralization**



**Tetrahedron**

**4<sup>th</sup> Generation  
(2010s~)**

**Tetrahedron  
(Volume Mesh)**



**THRKs,  
MRCPs,  
MRKPs**

**Tetrahedral-mesh-based computational human phantom for fast Monte Carlo simulations**

Yeom Soo Yeom<sup>1</sup>, Jong Hwi Jeong<sup>2</sup>, Min Cheol Hong<sup>1</sup> and Chan Hyeong Kim<sup>1</sup>

<sup>1</sup>Department of Nuclear Engineering, Hanyang University, 222 Wanggongdong-gu, Seoul 133-791, Korea

<sup>2</sup>Center for Proton Therapy, National Cancer Center, 111 Jungbalsan-ro, Seongdong-gu, Seoul 152-075, Korea

Email: chkim@hanyang.ac.kr

Received 22 October 2013, revised 24 April 2014

Accepted for publication 2 May 2014

Published 27 May 2014

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Although polygonal-surface computational human phantoms can address several critical limitations of conventional voxel phantoms, their Monte Carlo simulation speeds are much slower than those of voxel phantoms. In this study, we sought to overcome this problem by developing a new type of computational human phantom, a tetrahedral mesh phantom, by converting

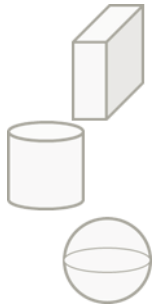
*Yeom et al., PMB 2014*



# Advances in Phantom Technology

1950s~1960s

Simplified



1<sup>st</sup> Generation  
(1960s~)

Stylized  
(Equations)



MIRD5,  
ADAM/EVA,  
KMIRD, ...

- Specific organs
- Deformable
- Not realistic

2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)



ICRP 110,  
VIP-MAN,  
HDRKs, ...

- Realistic than stylized
- Limited voxel resolutions (millimeter scale)
- Not deformable
- Stair-stepped

3<sup>rd</sup> Generation  
(2000s~)

NURBS/Polygon  
Mesh  
(Surface Mesh)

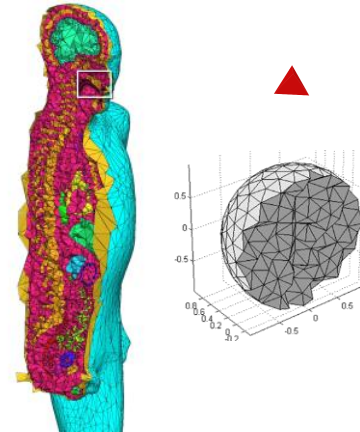


PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

- Smooth boundary
- Thin/small structures
- Deformable
- Voxelized for MC
- Slow MC calc.
- No sub-organ density variation

4<sup>th</sup> Generation  
(2010s~)

Tetrahedron  
(Volume Mesh)



THRKs,  
MRCPs,  
MRKPs

- Smooth boundary
- Thin/small structures
- Deformable

# Advances in Phantom Technology

Energy (MeV)	Computation time (hh:mm:ss)		Ratio (a/b)
	Polygon mesh phantom (a)	Tetrahedralized phantom (b)	
0.015	65:17:33	0:15:45	<b>248.7</b>
0.03	73:54:04	0:18:46	236.3
0.05	86:10:14	0:31:41	163.2
0.08	95:42:08	0:35:31	161.7
0.2	101:16:00	0:52:17	116.2
0.4	99:40:11	1:01:56	96.6
0.8	98:56:25	1:05:03	91.3
2	96:12:04	1:22:19	70.1
8	99:16:57	2:00:26	49.5
10	100:13:50	2:12:00	45.6

*Yeom et al., PMB 2014*

40-250 times **faster**  
(Tetrahedron >> Polygon)

3<sup>rd</sup> Generation  
(2000s~)

NURBS/Polygon  
Mesh  
(Surface Mesh)

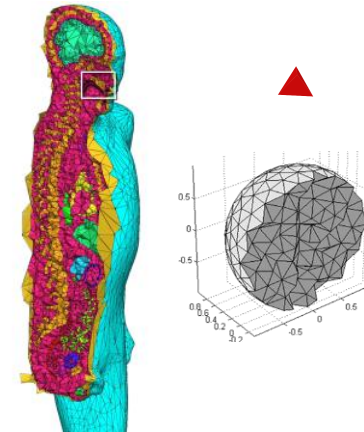


PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

- Smooth boundary
- Thin/small structures
- Deformable
- Voxelized for MC
- Slow MC calc.
- No sub-organ density variation

4<sup>th</sup> Generation  
(2010s~)

**Tetrahedron  
(Volume Mesh)**



THRKs,  
MRCPs,  
MRKPs

- Smooth boundary
- Thin/small structures
- Deformable
- **Fast MC calc.  
(no voxelization)**

# Advances in Phantom Technology

Energy (MeV)	Computation time (hh:mm:ss)		Ratio (a/b)
	Polygon mesh phantom (a)	Tetrahedralized phantom (b)	
0.015	65:17:33	0:15:45	<b>248.7</b>
0.03	73:54:04	0:18:46	236.3
0.05	86:10:14	0:31:41	163.2
2	96:12:04	1:22:19	70.1
8	99:16:57	2:00:26	49.5
10	100:13:50	2:12:00	45.6

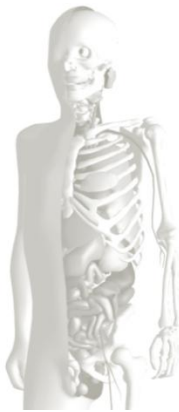
**Comparable or even faster than voxel phantoms!!!**

Yeom et al., PMB 2014

40-250 times **faster**  
(Tetrahedron >> Polygon)

3<sup>rd</sup> Generation  
(2000s~)

NURBS/Polygon  
Mesh  
(Surface Mesh)

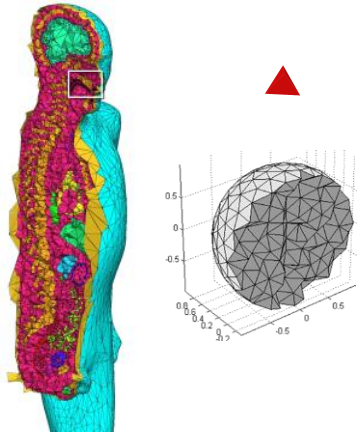


PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

- Smooth boundary
- Thin/small structures
- Deformable
- Voxelized for MC
- Slow MC calc.
- No sub-organ density variation

4<sup>th</sup> Generation  
(2010s~)

Tetrahedron  
(Volume Mesh)



THRKs,  
MRCPs,  
MRKPs

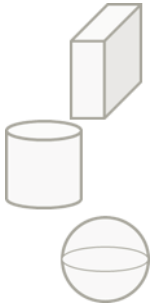
- Smooth boundary
- Thin/small structures
- Deformable
- **Fast MC calc.**  
**(no voxelization)**



# Advances in Phantom Technology

1950s~1960s

Simplified



1<sup>st</sup> Generation  
(1960s~)

Stylized  
(Equations)



MIRD5,  
ADAM/EVA,  
KMIRD, ...

- Specific organs
- Deformable
- Not realistic

2<sup>nd</sup> Generation  
(1980s~)

Voxel  
(Volume Mesh)



ICRP 110,  
VIP-MAN,  
HDRKs, ...

- Realistic than stylized
- Limited voxel resolutions (millimeter scale)
- Not deformable
- Stair-stepped

3<sup>rd</sup> Generation  
(2000s~)

NURBS/Polygon  
Mesh  
(Surface Mesh)

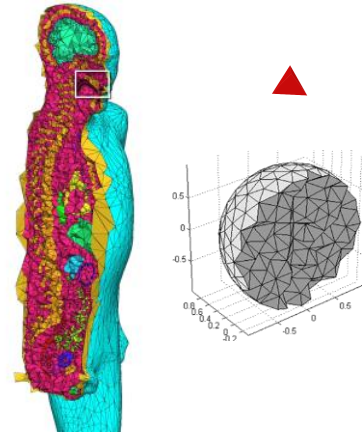


PSRKs,  
UF Family,  
RPI-AM,AF  
4D XCAT, ...

- Smooth boundary
- Thin/small structures
- Deformable
- Voxelized for MC
- Slow MC calc.
- No sub-organ density variation

4<sup>th</sup> Generation  
(2010s~)

Tetrahedron  
(Volume Mesh)



THRKs,  
MRCPs,  
MRKPs

- Smooth boundary
- Thin/small structures
- Deformable
- Fast MC calc. (no voxelization)
- **Sub-organ density variation**

# Advances in Phantom Technology

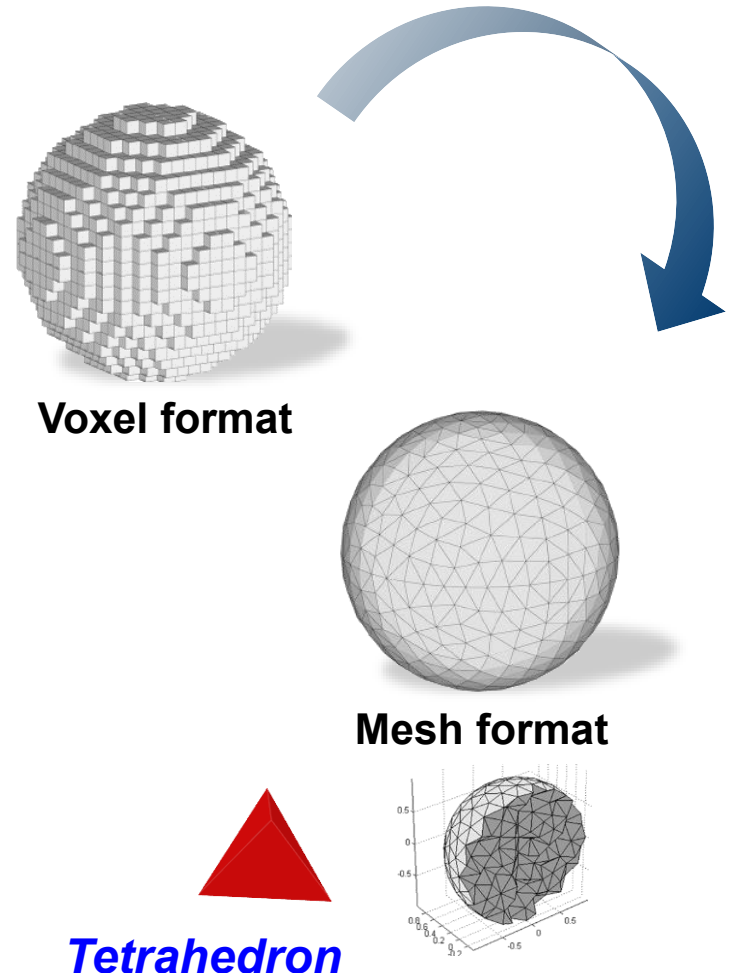
	2 <sup>nd</sup> Gen	3 <sup>rd</sup> Gen	4 <sup>th</sup> Gen
	Voxel	Surface (voxelized in MC)	Tetrahedron
Surface smoothness	X	O (X)	O
Small and thin structure	X	O (X)	O
Computation speed	O	X (O)	O
Deformation	X	O	O

# VRCP Limitations Discussed in C2 Meeting, 2013

(Abu Dhabi, UAE October 2013)



- The committee decided to convert the voxel-type reference computational phantoms into a high-quality mesh format to address these problems of the voxel phantoms.
- The new phantoms will replace the current voxel-type reference phantoms from the next general recommendations.



# ICRP Task Group 103 (2016)

## Committee 2 Doses from Radiation Exposure



Main Commission

Scientific Secretariat

Committee 1  
Radiation Effects

Committee 2  
Doses from Radiation Exposure

Committee 3  
Protection in Medicine

Committee 4  
Application of the Commission Recommendations

Committee 5  
Protection of the Environment

Emeritus Members

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ICRP and Fukushima

Formal Relations with other  
Organisations

ICRP Funding

You are here: [ICRP Activities](#) > Task Group 103

## Task Group 103 Mesh-type Reference Computational Phantoms (MRCP)

The mandate for this Task Group - Mesh-type Reference Computational Phantoms (MRCP) - will be focused on converting the current voxel-type reference computational phantoms into a high-quality mesh format to address the limitations of the voxel-type phantoms in some dose coefficient calculations.

Specific work will include:

1. development of mesh-type ICRP reference computational phantoms which have all source and target tissues including the details of the eyes and skin and the thin target tissues (10-300 micron) of the alimentary and respiratory tract organs,
2. use of these mesh-type phantoms to calculate external and internal dose coefficients to estimate the uncertainties of the current reference dose coefficients, especially for the dose coefficients calculated with stylized phantoms (eye lenses, skin, and alimentary and respiratory tract organs) for weekly penetrating radiations, and
3. demonstration of phantom posture change and related dose coefficient calculations.

### Chair

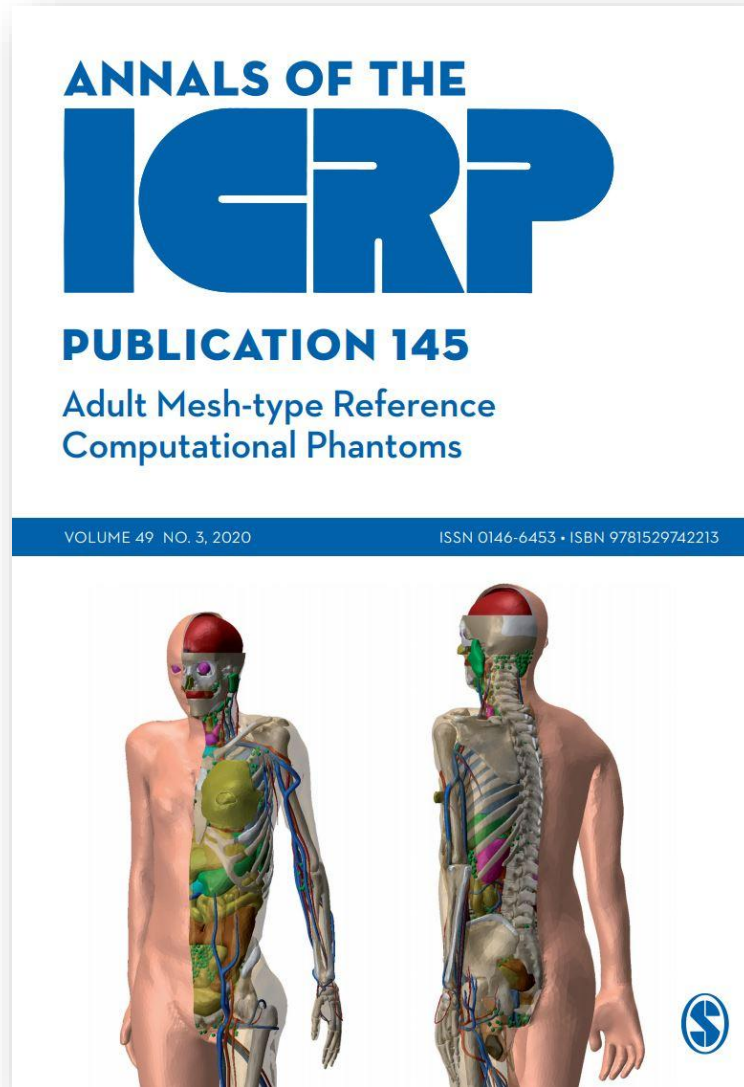
Prof Chan Hyeong Kim

# Membership of TG 103

- Chan Hyeong Kim (Hanyang Univ., Korea) - *Chair*
- Yeon Soo Yeom (Yonsei Univ., Korea, ICRP C2)
- Chansoo Choi (Univ. of Florid, U.S.A)
- Bangho Shin (Univ. of Florid, U.S.A)
- Maria Zankl (BfS, Germany)
- Nina Petoussi-Henss (BfS, Germany)
- Wesley Bolch (Univ. of Florid, U.S.A)
- Choonsik Lee (NCI, U.S.A, ICRP C2)
- Keith Eckerman (ORNL, U.S.A)
- Riu Qiu (Tsinghua Univ., China)
- Bum Sun Chung (Yonsei Univ., Korea) – M.D./anatomist
- Haegin Han (NCI, U.S.A)
- Derek Jokisch (Francis Marion Univ., U.S.A, ICRP C2)
- Tat Thang Nguyen (Hanoi Institute of Technology, Vietnam)
- Suhyeon Kim (Hanyang Univ., Korea)

# Achievements of TG 103

Adult MRCPs

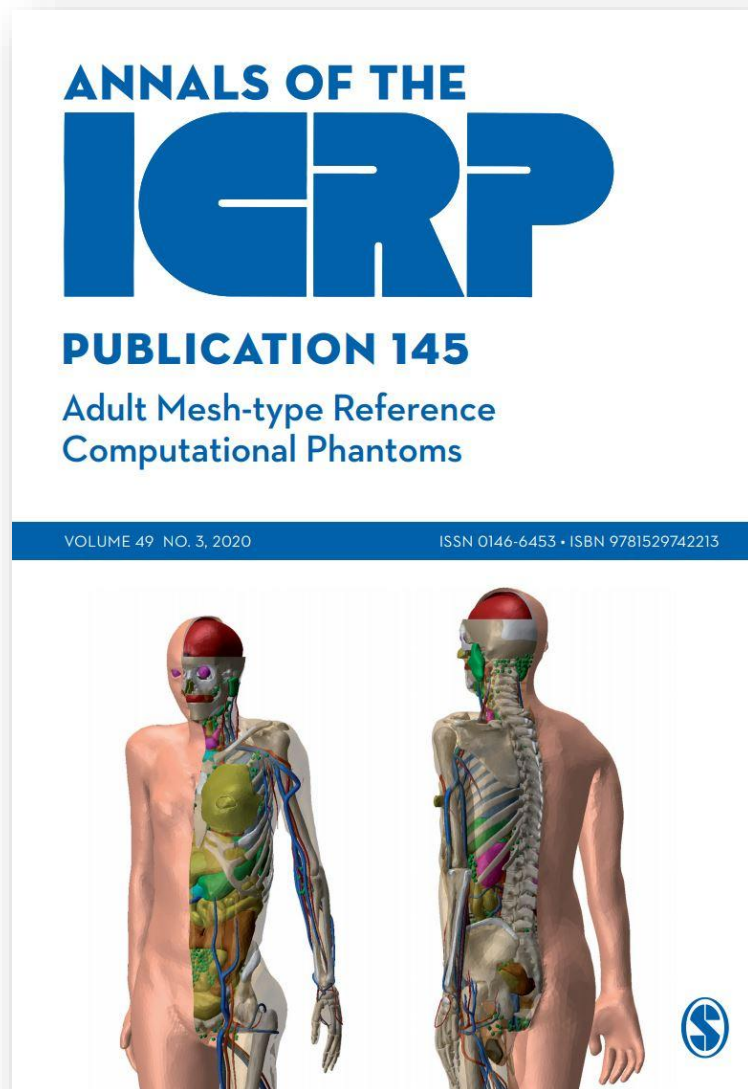


ICRP Publication 145 (2020)



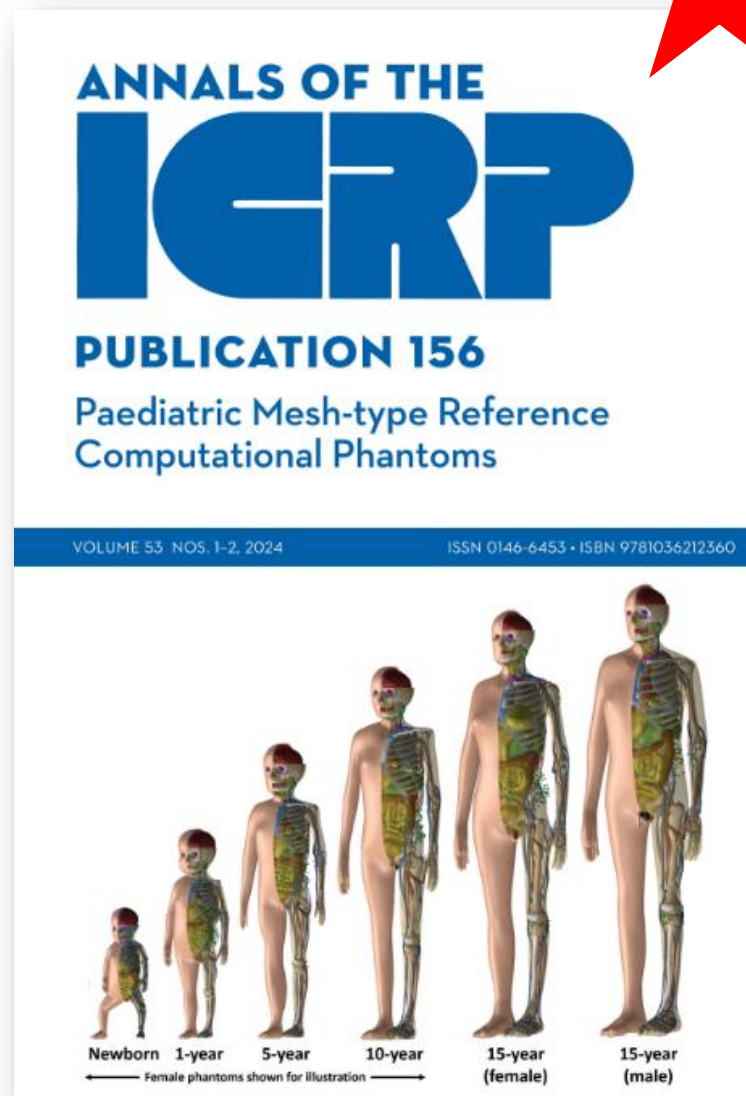
# Achievements of TG 103

Adult MRCPs



ICRP Publication 145 (2020)

Paediatric MRCPs



ICRP Publication 156 (2024)



# Main Points – ICRP 156 (2024)

- This publication presents paediatric mesh-type reference computational phantoms (MRCPs) representing the reference male and female at 0 (i.e. newborn), 1, 5, 10, and 15 years of age, which are counterparts of the paediatric voxel-type reference computational phantoms in *Publication 143* (ICRP, 2020a) developed based on computed tomography images of real people.
- The paediatric MRCPs were constructed by converting the *Publication 143* voxel phantoms (ICRP, 2020a) to a high-quality mesh format, assimilating the supplementary stylised models used in conjunction with the voxel phantoms to overcome limitations of voxel geometry, and adding tissue layers that are considered to contain cells at risk of radiogenic cancer.
- The paediatric MRCPs include all the necessary source and target tissues defined by the ICRP system for effective dose calculations, including the micrometre-thick source and target layers of the alimentary and respiratory tracts, skin, and urinary bladder, as well as dose calculations for the lens of the eye.
- The paediatric MRCPs were found to provide dose coefficients (DCs) and specific absorbed fractions that are similar to those of the *Publication 143* voxel phantoms (ICRP, 2020a) for both external and internal exposures, while some differences were observed for anatomically improved organs and weakly penetrating radiations (e.g. photons <50 keV and electrons).
- The *Publication 143* voxel phantoms (ICRP, 2020a) remain the primary ICRP/International Commission on Radiation Units and Measurements reference models for the calculation of reference DCs based on *Publication 103* methodology (ICRP, 2007), but the paediatric MRCPs will be used for all calculations of reference DCs following the next set of ICRP general recommendations, and also serve as a resource for wider use in radiological protection applications.

# Main Points – ICRP 156 (2024)

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# Main Contents – ICRP 156 (2024)

1. Introduction
2. Improvements in paediatric mesh-type reference computational phantoms
3. Conversion of the paediatric voxel-type reference computational phantoms to mesh format
4. Inclusion of blood in organs and tissues
5. Inclusion of thin target and source regions
6. Description of the paediatric mesh-type reference computational phantoms
7. Dosimetric impact of the paediatric mesh-type reference computational phantoms

# Annexes – ICRP 156 (2024)

Annex A. List of organ identification numbers, medium, and mass of each organ/tissue

Annex B. List of media and their elemental compositions

Annex C. List of anatomical source regions , acronyms, and identification numbers

Annex D. List of anatomical target regions, acronyms, and identification numbers

Annex E. Organ depth distributions of selected organs/tissues

Annex G. Gross-sectional Images

Annex H. Comparison of dose coefficients for external exposures

Annex I. Comparison of specific absorbed fractions

Annex J. Description of electronic files

# Supplemental Material – ICRP 156 (2024)

## ICRP Publication 156

## Paediatric Mesh-type Reference Computational Phantoms

### Recommended citation

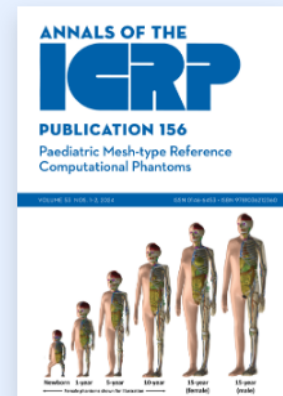
ICRP, 2024. Paediatric mesh-type reference computational phantoms. ICRP Publication 156. Ann. ICRP 53(1-2)

### Authors on behalf of ICRP

C.H. Kim, C. Choi, W.E. Bolch, N. Petoussi-Henss, M. Zankl, C. Lee, B. Shin, Y.S. Yeom, T.T. Nguyen, H. Han, B.S. Chung, K. Eckerman, R. Qiu, S. Kim, G. Son

**Abstract** - Following the issuance of the 2007 Recommendations in Publication 103, the Commission released the adult (male and female) and paediatric (newborn, 1-, 5-, 10-, and 15-year-old male and female) reference computational phantoms in Publications 110 and 143, respectively, for use in effective dose calculations. These phantoms are voxel models represented in the form of a three-dimensional array of cuboidal voxels, which were constructed from computed tomography images of people and adjusted to be consistent with the reference anatomical parameters given in Publication 89. The voxel phantoms provide anatomical improvements over the mathematical-equation-based stylised phantoms used for the previous dose coefficient (DC) calculations prior to the 2007 Recommendations. Nevertheless, the voxel phantoms, due to the nature of voxel geometry and finite voxel resolutions, have limitations in representing small and thin organs and tissues, necessitating additional supplementary stylised models such as those defined for the respiratory tract airways, the alimentary tract organ walls and stem cell layers, the lens of the eye, and the skin basal layer. To address the limitations of the voxel phantoms, Task Group 103 was charged with developing mesh-type reference computational phantoms (MRCPs) by converting the voxel phantoms into a high-quality/fidelity mesh format with anatomical improvements for the complex organs and tissues which were not represented fully in the voxel phantoms. MRCPs for the adult male and female were then developed and released recently in Publication 145. Following the release of the adult MRCPs, the current publication describes the construction of the paediatric MRCPs, the counterparts of the Publication 143 voxel phantoms. The paediatric MRCPs, like the adult MRCPs, were developed to have all the source and target tissues required for calculation of effective dose, including the micrometre-scale regions, assimilating the supplementary stylised models. These phantoms can be used directly in general purpose Monte Carlo codes, such as Geant4, PHITS, and MCNP6, fully maintaining the high fidelity of the mesh geometry in Monte Carlo dose calculations. To investigate the impact of the paediatric MRCPs, the DCs of organ dose and effective dose and specific absorbed fractions (SAFs) for some selected external and internal exposures were calculated and compared with the values calculated using the Publication 143 phantoms, the Publication 66 and 100 mathematical models for the respiratory and alimentary tracts, and the reference values of Publication 155. While some differences in the DCs and SAFs were observed for anatomically improved organs and weakly penetrating radiations, they were found to be fairly similar, indicating that the reference DCs obtained from the Publication 143 voxel phantoms for both external and internal exposures remain valid in the current ICRP dosimetry system. The Publication 143 voxel phantoms remain the primary ICRP/International Commission on Radiation Units and Measurements reference models for the calculation of reference DCs based on Publication 103 methodology. The paediatric MRCPs will be used for all calculations of reference DCs following the next set of ICRP general recommendations, and provide a resource for wider use in radiological protection applications.

<https://www.icrp.org/publication.asp?id=ICRP%20Publication%20156>



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