

ICRP TG95

Internal Dose Coefficients

**F. Paquet, M.R. Bailey, R.W. Leggett, T. Fell, T. Smith,
V. Berkovski and J.D. Harrison**

ICRP C2

What are « *Internal Dose Coefficients* » ?

What are
« *Internal Dose **Coefficients*** » ?

A Coefficient is
a value that multiplies another value
(Cambridge Dictionary)

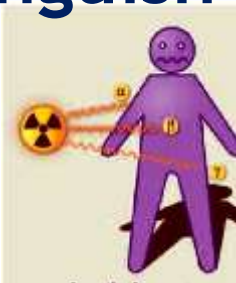
Allows to transform one quantity into another

What are « *Internal Dose Coefficients* » ?

Every dose to biological tissues is « internal »

« Misuse » of language

Distinguish doses from external exposure



What are « *Internal Dose Coefficients* » ?

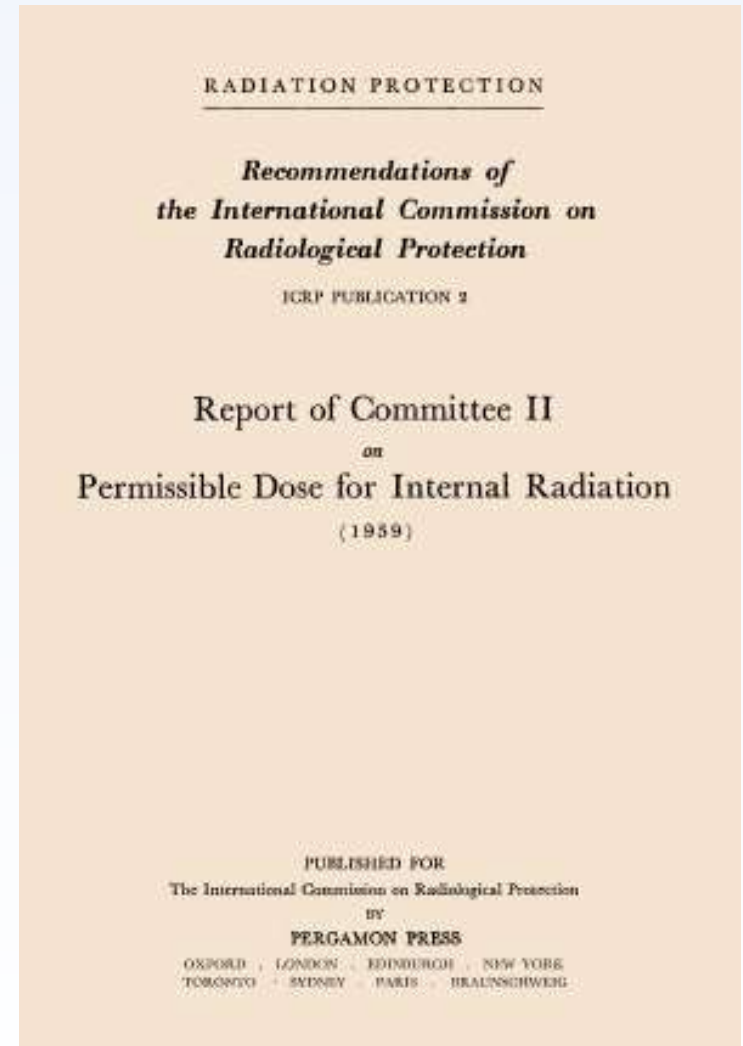
Every dose to biological tissues is « internal »

« Misuse » of language

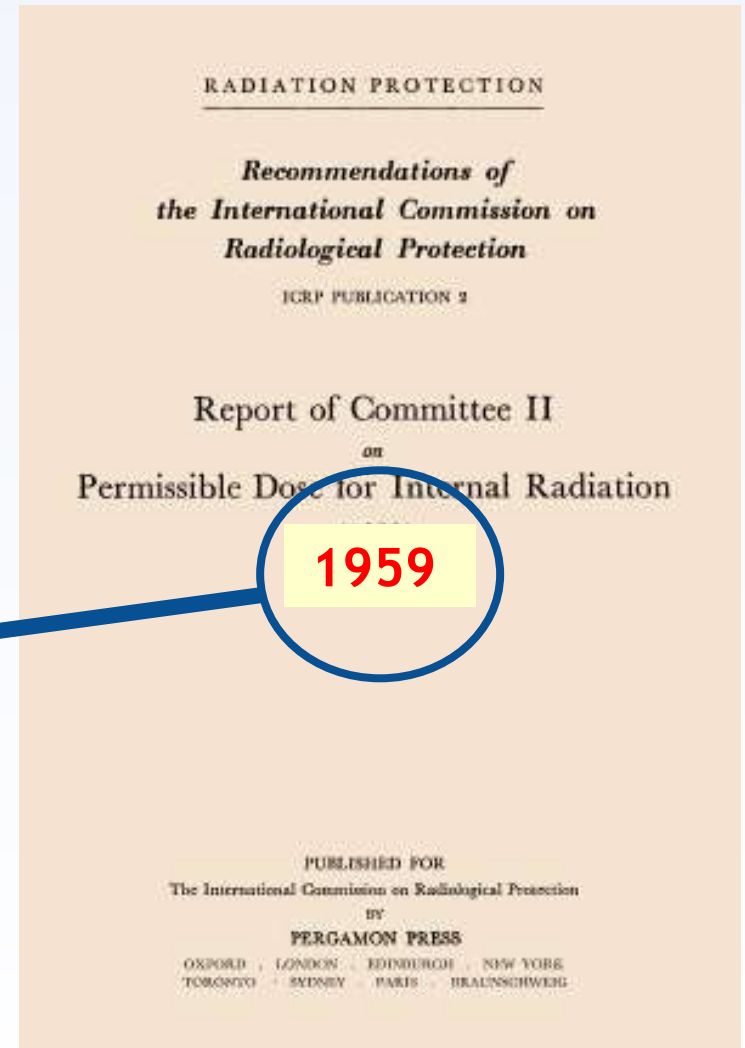
Distinguish doses from external exposure from
doses from internal exposure



ICRP has been active from the early beginning in the field of internal exposure



ICRP has been active from the early beginning in the field of internal exposure



Internal exposures to radiations are managed by the use of the committed effective dose

$$e(\tau) = \sum_T w_T \left[\frac{h_T^M(\tau) + h_T^F(\tau)}{2} \right]$$

Cannot be measured !!

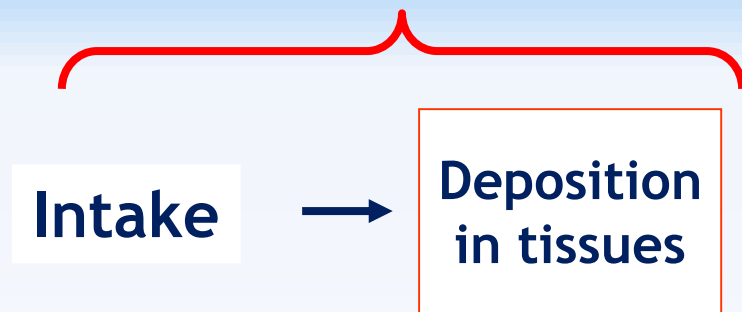
Calculating committed effective dose after internal contamination is a complex procedure

Intake

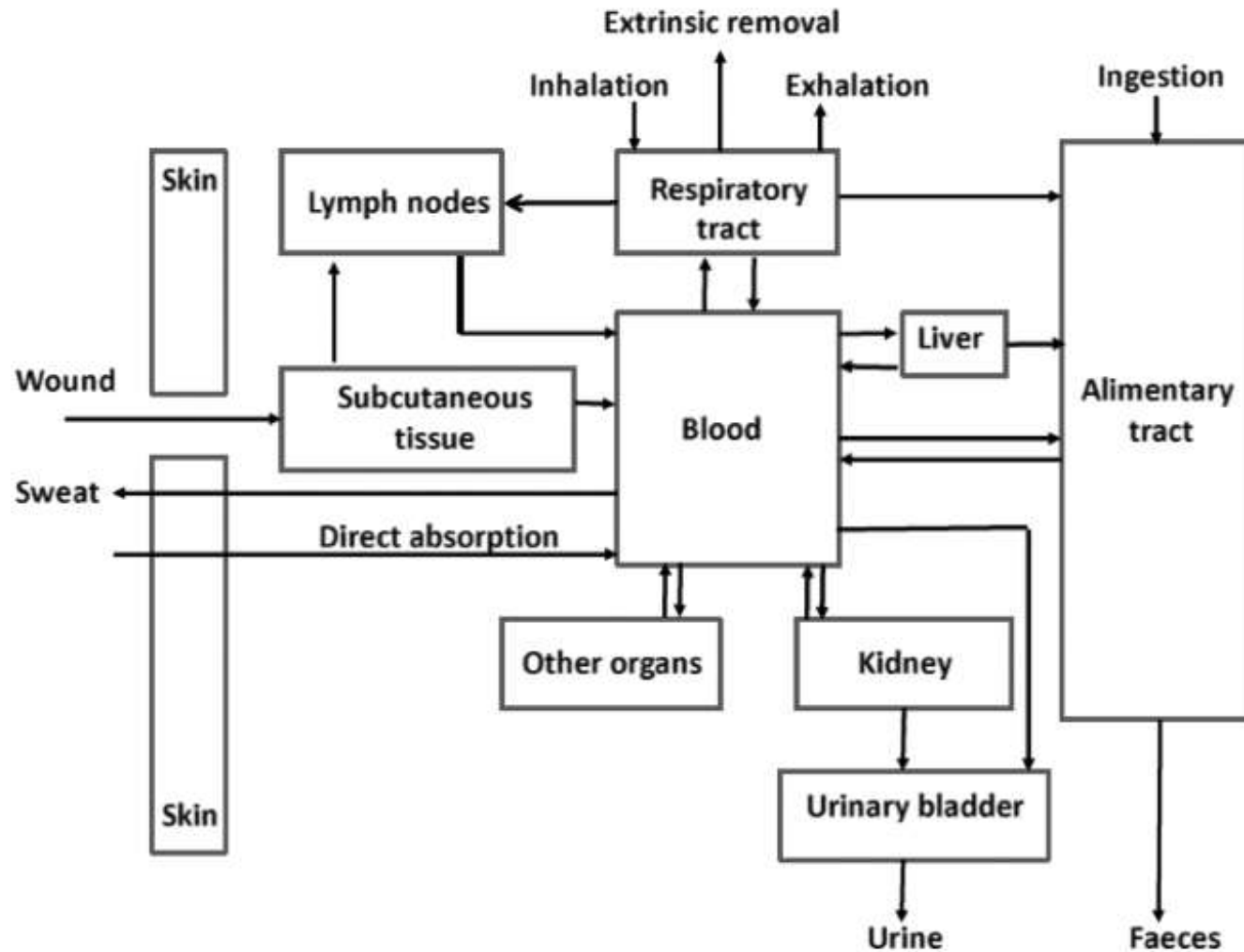


**Deposition
in tissues**

Biokinetic models



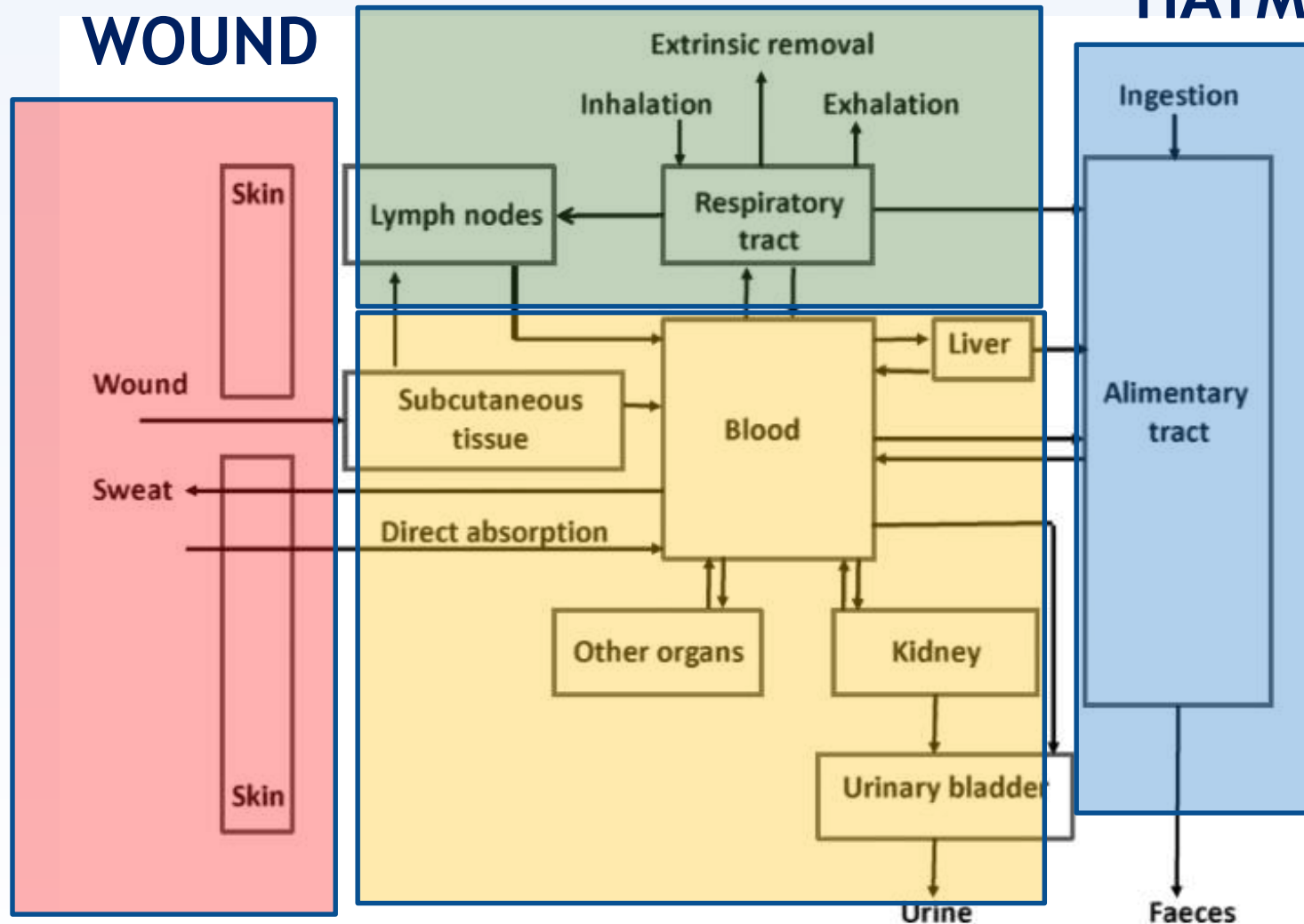
Generic biokinetic model



HRTM

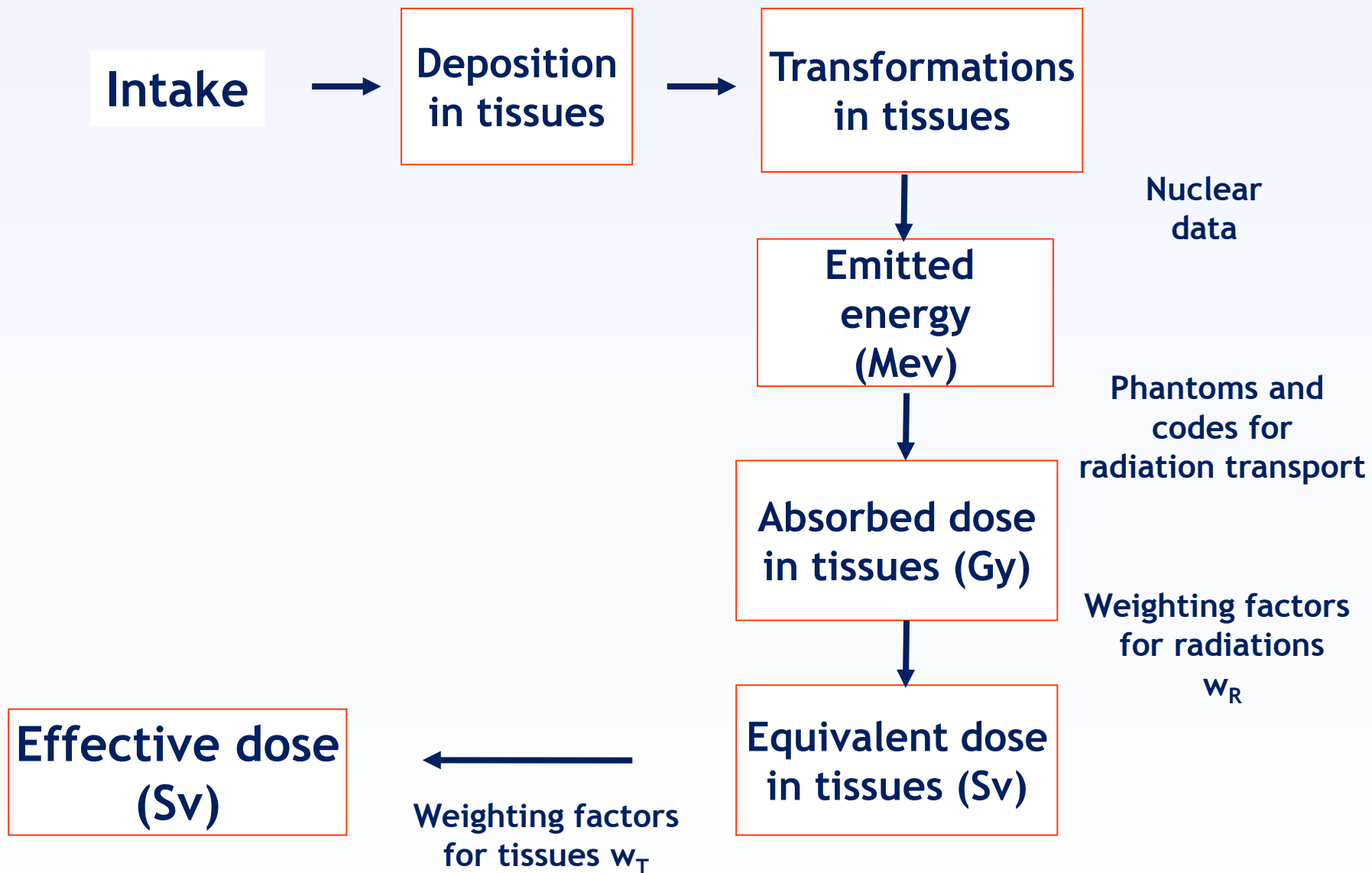
HATM

WOUND

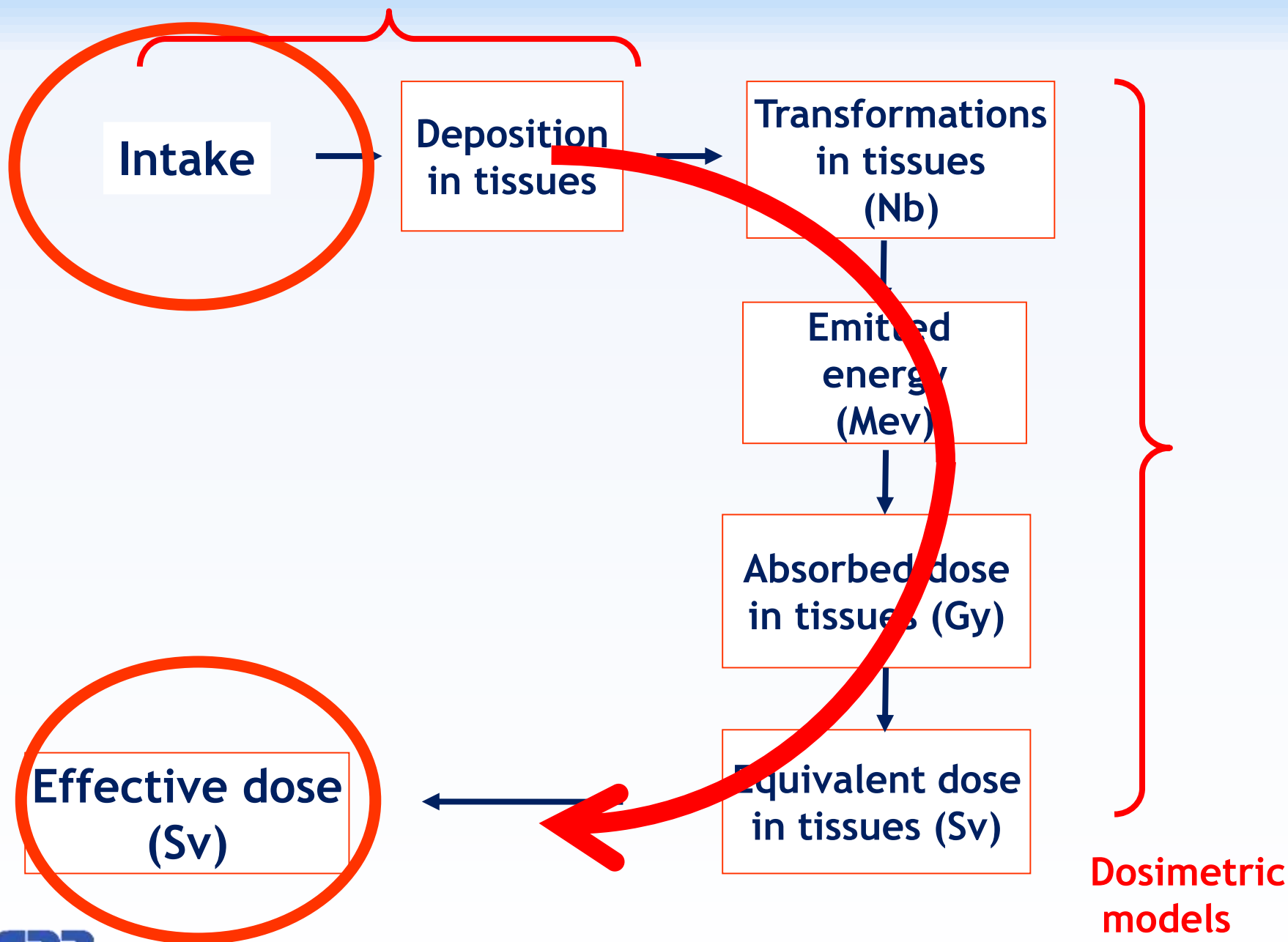


Systemic

Biokinetic models

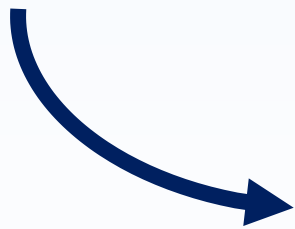


Biokinetic models

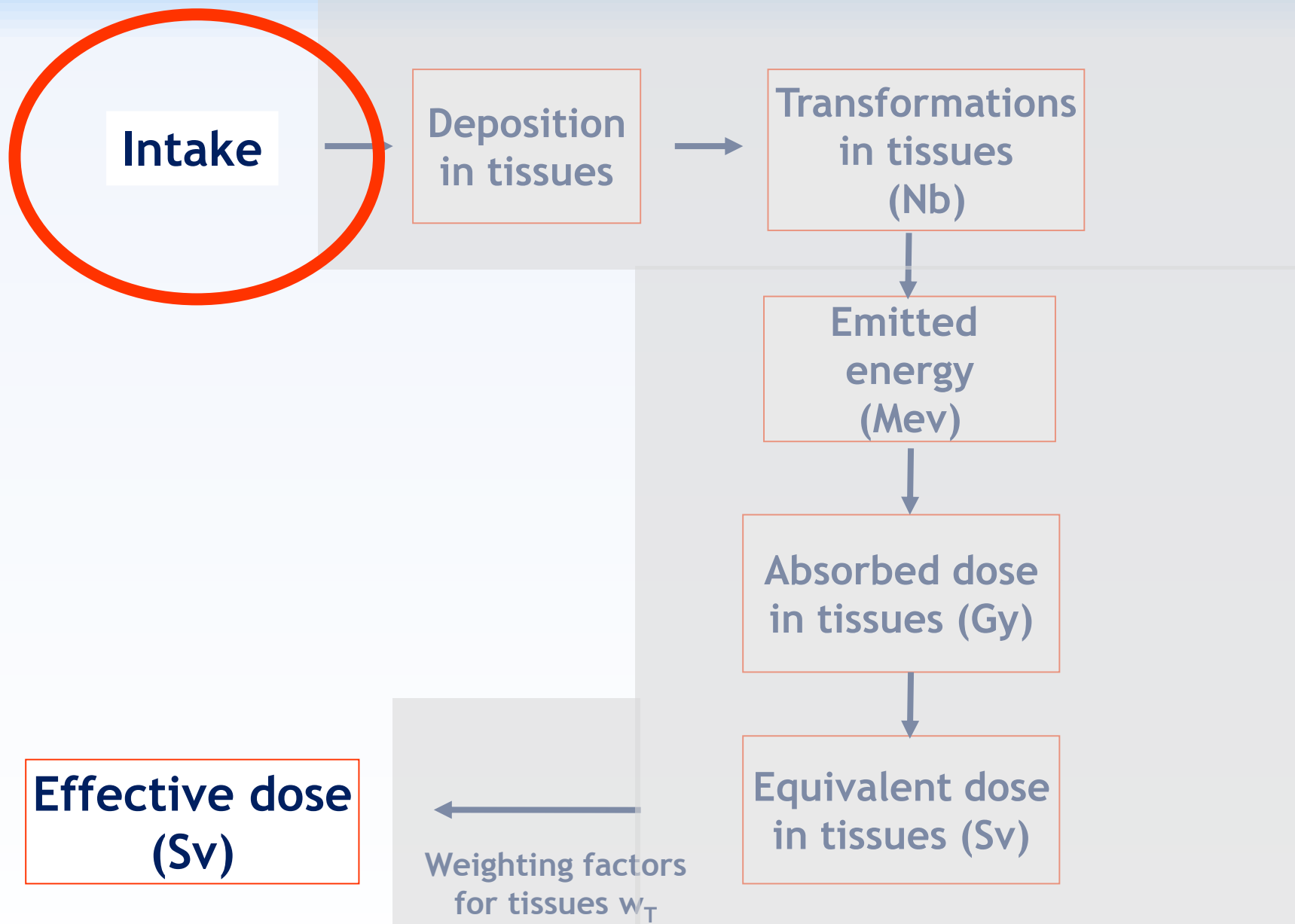


Complex procedure, limited to experts

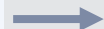
ICRP has defined concepts and tools, to allow non-specialists to perform dose assessment



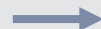
- 1. Dose per intake coefficient**
(DPIC, formerly DPUI)
- 2. Dose per content function**
(DPC)



Intake



Deposition
in tissues



Transformations
in tissues
(Nb)

DPIC



Type

F

M

S

DPIC
 $\mu\text{Sv/Bq}$

0.2

1.3

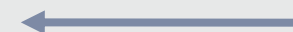
12

For ^{235}U

$$\text{Dose} = \text{Intake} \times \text{DPIC}$$



Effective dose
(Sv)



Weighting factors
for tissues w_T

Equivalent dose
in tissues (Sv)

Dose per Intake coefficients

Dose per Bq inhaled or ingested

Table 10.7. Committed effective dose coefficients (Sv Bq^{-1}) for the inhalation or ingestion of ^{85}Sr , ^{89}Sr , and ^{90}Sr compounds.

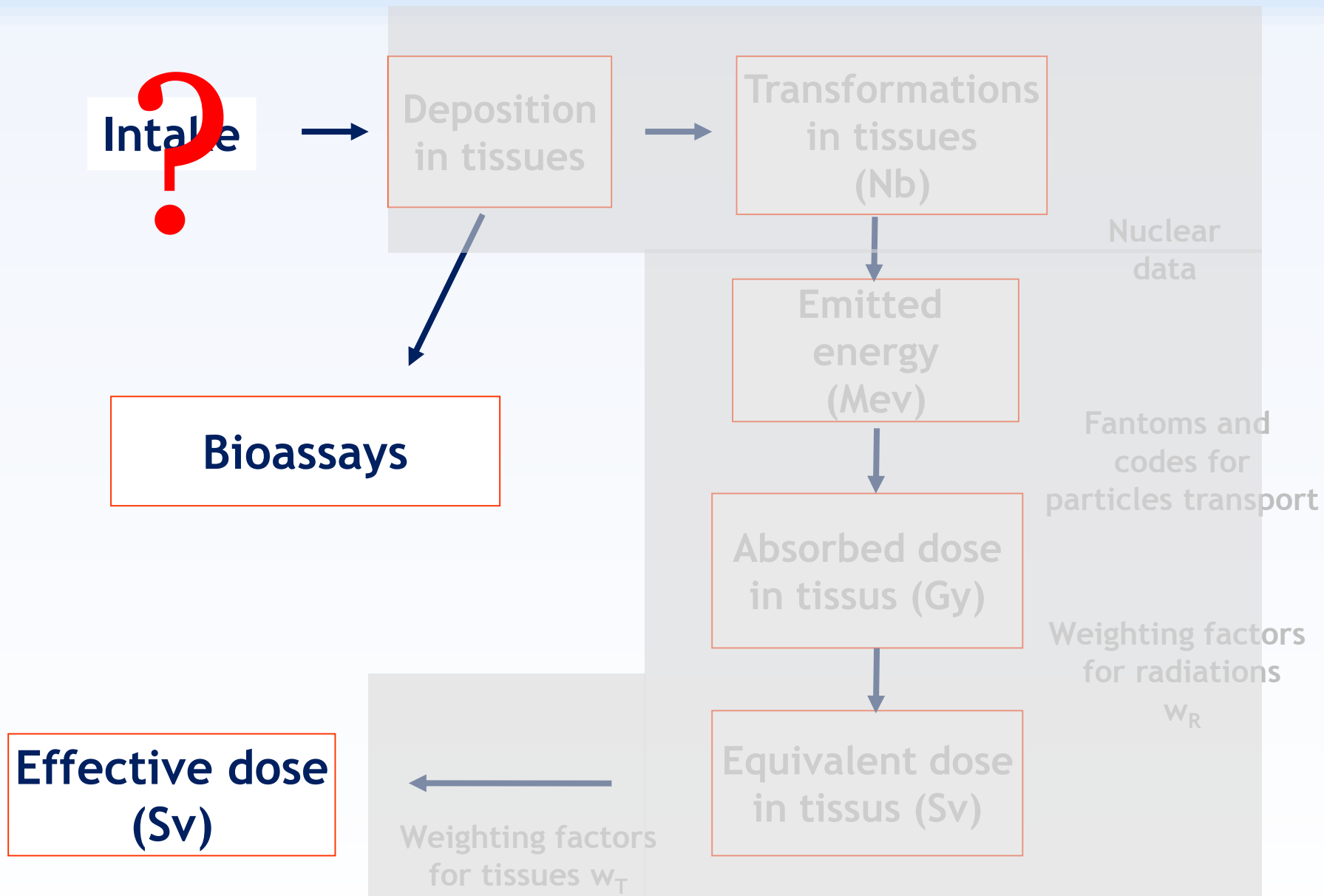
Inhaled particulate materials ($5\text{ }\mu\text{m AMAD}$ aerosols)	Effective dose coefficients (Sv Bq^{-1})		
	^{85}Sr	^{89}Sr	^{90}Sr
Type F, strontium chloride, sulphate and carbonate	3.8E-10	9.6E-10	3.2E-08
Type M, fuel fragments, all unspecified forms	5.0E-10	2.2E-09	1.8E-08
Type S, FAP, PSL, strontium titanate	6.7E-10	3.2E-09	2.0E-07
Ingested materials			
$f_A = 0.01$, strontium titanate	2.1E-10	4.0E-10	1.1E-09
$f_A = 0.25$, all other chemical forms	3.8E-10	8.9E-10	2.4E-08

AMAD, activity median aerodynamic diameter; FAP, fused aluminosilicate particles; PSL, polystyrene.

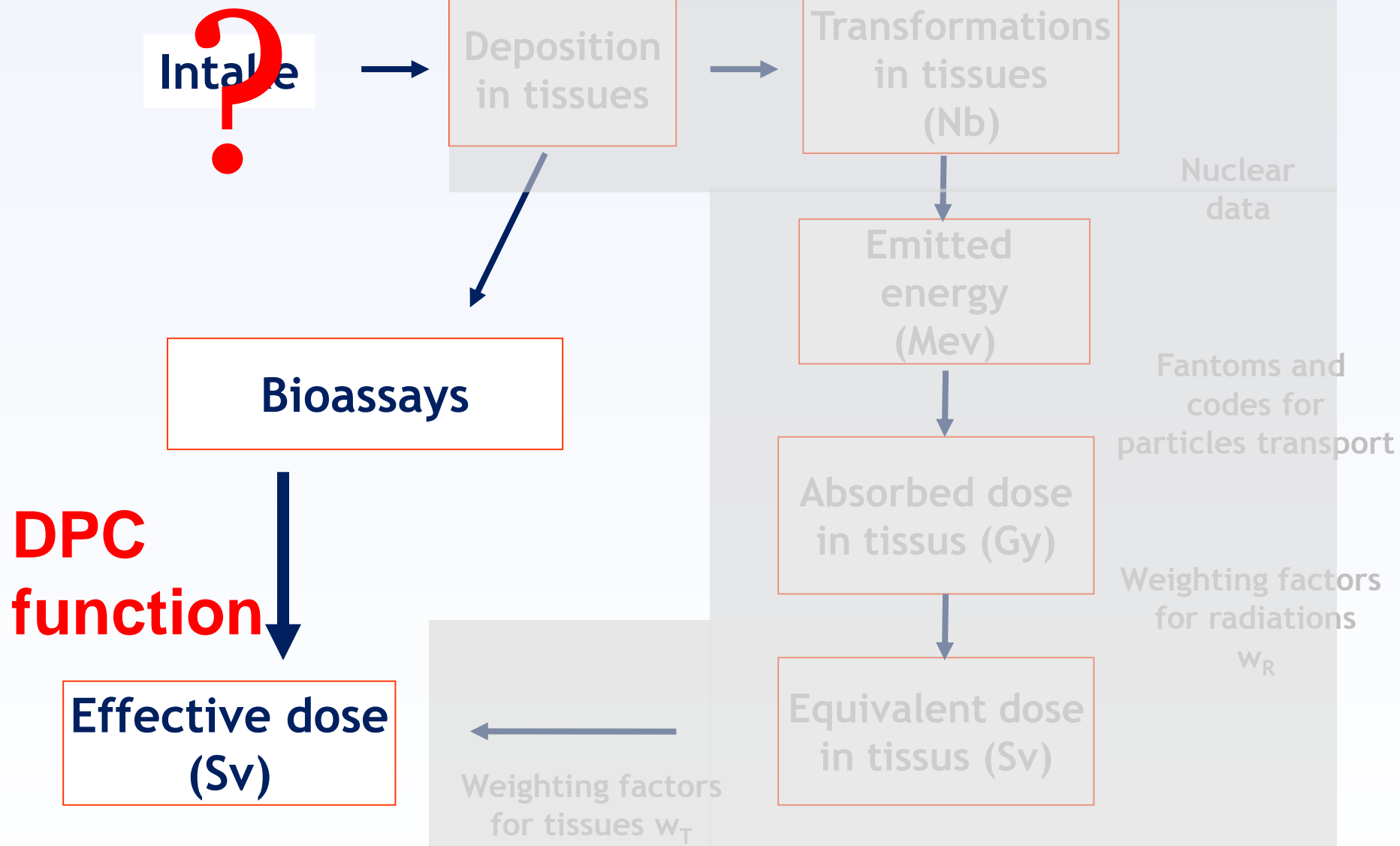
From ICRP Publication 134, 2016

**ICRP provides dose coefficients for
inhalation and ingestion of the most
important isotopes and for
(almost) every element**

General procedures for assessing doses



General procedures for assessing doses



Dose per Content Function $z(t)$

Dose per Bq measured in organs or tissues

Table 12.6. Dose per activity content of ^{95}Zr in the total body, lungs and in daily excretion of urine (Sv Bq^{-1}); $5 \mu\text{m}$ activity median aerodynamic diameter aerosols inhaled by a reference worker at light work.

Time after intake (d)	Type F			Type M			Type S		
	Total body	Lungs	Urine	Total body	Lungs	Urine	Total body	Lungs	Urine
1	4.6E-09	2.4E-07	6.4E-07	3.2E-09	3.8E-08	5.7E-06	4.3E-09	4.2E-08	1.5E-04
2	7.1E-09	2.6E-07	1.7E-06	5.9E-09	4.0E-08	1.3E-05	8.0E-09	4.4E-08	3.5E-04
3	1.1E-08	2.9E-07	2.2E-06	1.3E-08	4.2E-08	1.7E-05	1.8E-08	4.6E-08	4.8E-04
4	1.3E-08	3.2E-07	2.5E-06	2.2E-08	4.3E-08	1.9E-05	3.2E-08	4.7E-08	5.4E-04
5	1.4E-08	3.5E-07	2.8E-06	2.9E-08	4.5E-08	2.1E-05	4.2E-08	4.8E-08	5.9E-04
6	1.5E-08	3.8E-07	3.1E-06	3.2E-08	4.6E-08	2.2E-05	4.6E-08	5.0E-08	6.4E-04
7	1.5E-08	4.2E-07	3.4E-06	3.3E-08	4.8E-08	2.4E-05	4.8E-08	5.1E-08	6.9E-04
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9	1.6E-08	5.1E-07	4.0E-06	3.5E-08	5.0E-08	2.8E-05	5.1E-08	5.3E-08	8.1E-04
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15	1.7E-08	8.8E-07	7.0E-06	3.9E-08	5.7E-08	4.1E-05	5.7E-08	5.9E-08	1.3E-03
30	2.1E-08	3.2E-06	2.6E-05	4.8E-08	7.6E-08	8.7E-05	7.0E-08	7.2E-08	3.2E-03
45	2.5E-08	9.5E-06	7.8E-05	5.8E-08	9.9E-08	1.4E-04	8.4E-08	8.7E-08	5.6E-03
60	3.0E-08	2.1E-05	1.7E-04	6.9E-08	1.3E-07	1.9E-04	1.0E-07	1.1E-07	7.7E-03
90	4.1E-08	5.1E-05	4.1E-04	1.0E-07	2.2E-07	3.3E-04	1.5E-07	1.5E-07	1.2E-02
180	1.1E-07	2.7E-04	2.0E-03	2.9E-07	1.1E-06	1.5E-03	4.6E-07	4.8E-07	3.7E-02
365	8.2E-07	3.3E-03	2.4E-02	2.3E-06	2.6E-05	2.6E-02	4.4E-06	4.7E-06	3.4E-01

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3	1.1E-08	2.9E-07	2.2E-06	1.3E-08	4.2E-08	1.7E-05	1.8E-08	4.6E-08	4.8E-04
4	1.3E-08	3.2E-07	2.5E-06	2.2E-08	4.3E-08	1.9E-05	3.2E-08	4.7E-08	5.4E-04
5	1.4E-08	3.5E-07	2.8E-06	2.9E-08	4.5E-08	2.1E-05	4.2E-08	4.8E-08	5.9E-04
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7	1.5E-08	4.2E-07	3.4E-06	3.3E-08	4.8E-08	2.4E-05	4.8E-08	5.1E-08	6.9E-04
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15	1.7E-08	8.8E-07	7.0E-06	3.9E-08	5.7E-08	4.1E-05	5.7E-08	5.9E-08	1.3E-03
30	2.1E-08	3.2E-06	2.6E-05	4.8E-08	7.6E-08	8.7E-05	7.0E-08	7.2E-08	3.2E-03
45	2.5E-08	9.5E-06	7.8E-05	5.8E-08	9.9E-08	1.4E-04	8.4E-08	8.7E-08	5.6E-03
60	3.0E-08	2.1E-05	1.7E-04	6.9E-08	1.3E-07	1.9E-04	1.0E-07	1.1E-07	7.7E-03
90	4.1E-08	5.1E-05	4.1E-04	1.0E-07	2.2E-07	3.3E-04	1.5E-07	1.5E-07	1.2E-02
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30	2.1E-08	3.2E-06	2.6E-05	4.8E-08	7.6E-08	8.7E-05	7.0E-08	7.2E-08	3.2E-03
45	2.5E-08	9.5E-06	7.8E-05	5.8E-08	9.9E-08	1.4E-04	8.4E-08	8.7E-08	5.6E-03
60	3.0E-08	2.1E-05	1.7E-04	6.9E-08	1.3E-07	1.9E-04	1.0E-07	1.1E-07	7.7E-03
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365	8.2E-07	3.3E-03	2.4E-02	2.3E-06	2.6E-05	2.6E-02	4.4E-06	4.7E-06	3.4E-01

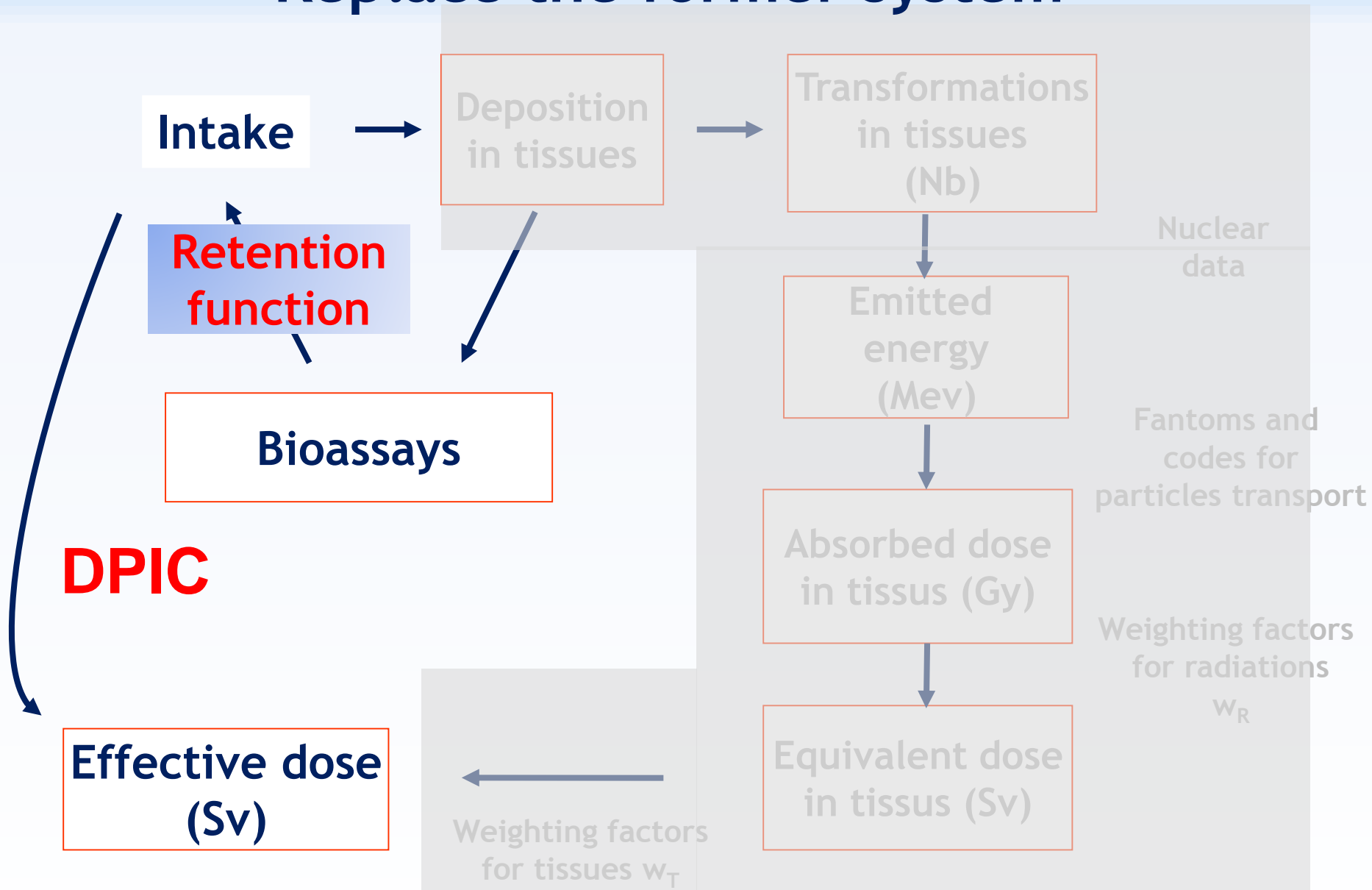
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6	1.5E-08	3.8E-07	3.1E-06	3.2E-08	4.6E-08	2.2E-05	4.6E-08	5.0E-08	6.4E-04
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8	1.6E-08	4.6E-07	3.7E-06	3.4E-08	4.9E-08	2.6E-05	5.0E-08	5.2E-08	7.5E-04
9	1.6E-08	5.1E-07	4.0E-06	3.5E-08	5.0E-08	2.8E-05	5.1E-08	5.3E-08	8.1E-04
10	1.6E-08	5.6E-07	4.4E-06	3.6E-08	5.2E-08	3.0E-05	5.2E-08	5.4E-08	8.8E-04
15	1.7E-08	8.8E-07	7.0E-06	3.9E-08	5.7E-08	4.1E-05	5.7E-08	5.9E-08	1.3E-03
30	2.1E-08	3.2E-06	2.6E-05	4.8E-08	7.6E-08	8.7E-05	7.0E-08	7.2E-08	3.2E-03
45	2.5E-08	9.5E-06	7.8E-05	5.8E-08	9.9E-08	1.4E-04	8.4E-08	8.7E-08	5.6E-03
60	3.0E-08	2.1E-05	1.7E-04	6.9E-08	1.3E-07	1.9E-04	1.0E-07	1.1E-07	7.7E-03
90	4.1E-08	5.1E-05	4.1E-04	1.0E-07	2.2E-07	3.3E-04	1.5E-07	1.5E-07	1.2E-02
180	1.1E-07	2.7E-04	2.0E-03	2.9E-07	1.1E-06	1.5E-03	4.6E-07	4.8E-07	3.7E-02
365	8.2E-07	2.2E-03	2.4E-02	2.3E-06	2.6E-05	2.6E-02	4.4E-06	4.7E-06	3.4E-01

Replace the former system



Reference Bioassay function

Predicted activity in organs or tissues for intake of 1 Bq

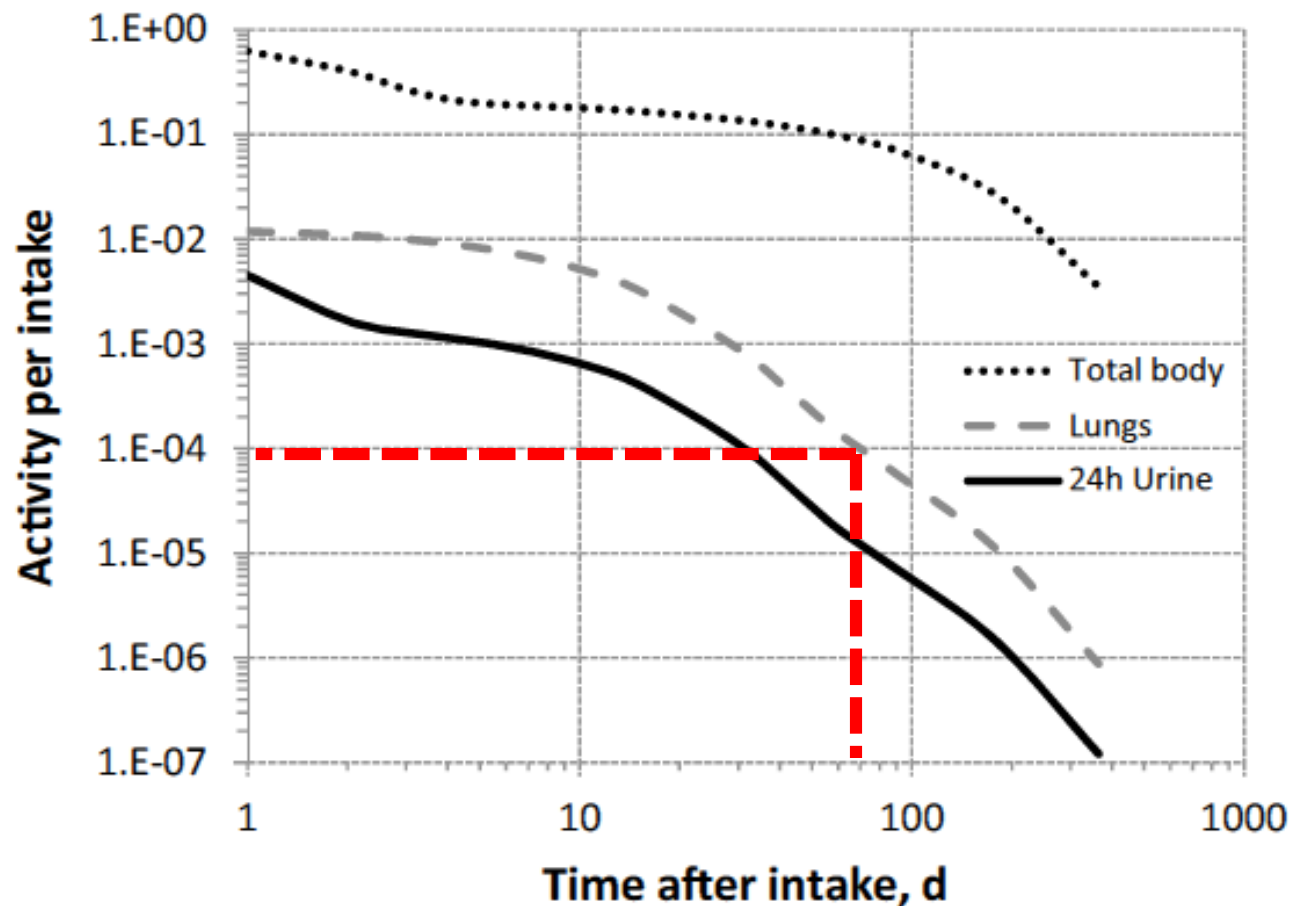


Fig. 12.3. Total body and lung contents, and daily urinary excretion of ^{95}Zr following inhalation of 1 Bq Type F.

Main past ICRP publications on these topics

For workers

Publication 30 series (ICRP, 1979, 1980, 1981, 1988)

dose coefficients and ALI for inhalation and ingestion.
based on Reference man (Publication 23, 1975) and 1977
recommendations (Publication 26, 1977).

Publication 68 (ICRP, 1994)

updated dose coefficients following 1991 Recommendations
(Publication 60, 1991), HRTM (Publication 66, 1994), new skeletal
data (Publication 70, 1995) and revised systemic biokinetic models.
No ALI anymore.

Publications 54 and 78 (ICRP, 1988, 1997)

guidance on the design of monitoring programs and the interpretation of
results, to estimate doses to workers following radionuclide inhalation or
ingestion. Provide predicted values of measured quantities after
intake.

Main past ICRP publications on these topics

For the members of the public

Publications 56, 67, 69, 71 and 72 (ICRP, 1989, 1993, 1995)

age-specific dose coefficients for inhalation and ingestion for 91 elements, using up-to-date models and latest ICRP recommendations.

Publications 88 and 95 (2001, 2004)

Dose to embryo/fetus and infants

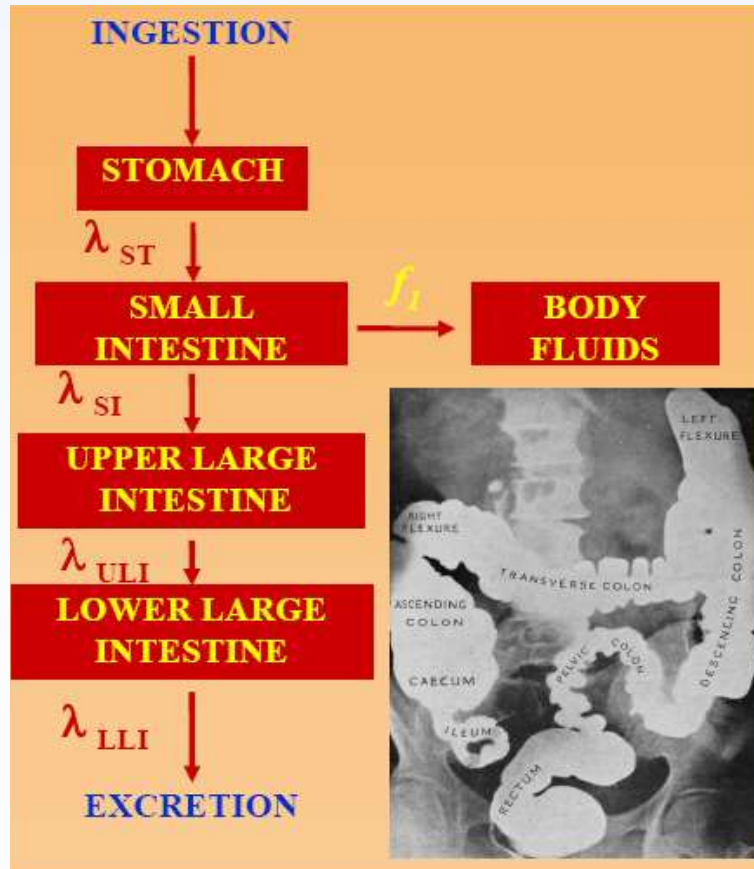
Progress and changes made during this period

In physiology and biokinetic models

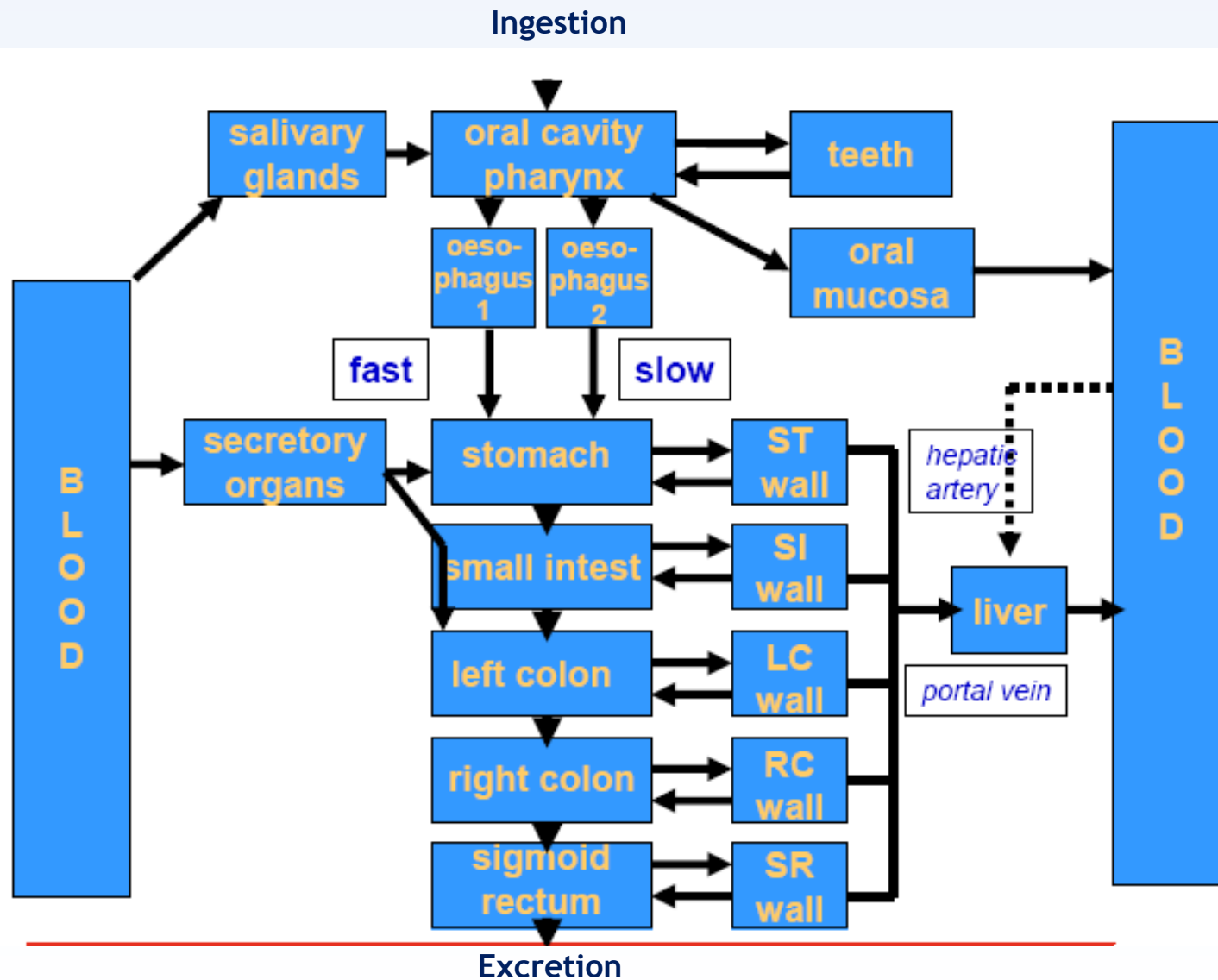
- New data on Reference man (ICRP 89, 2002)
- Human Alimentary Tract Model (ICRP 100, 2006)

The Human alimentary tract model

The former model



The Human alimentary tract model (2006)

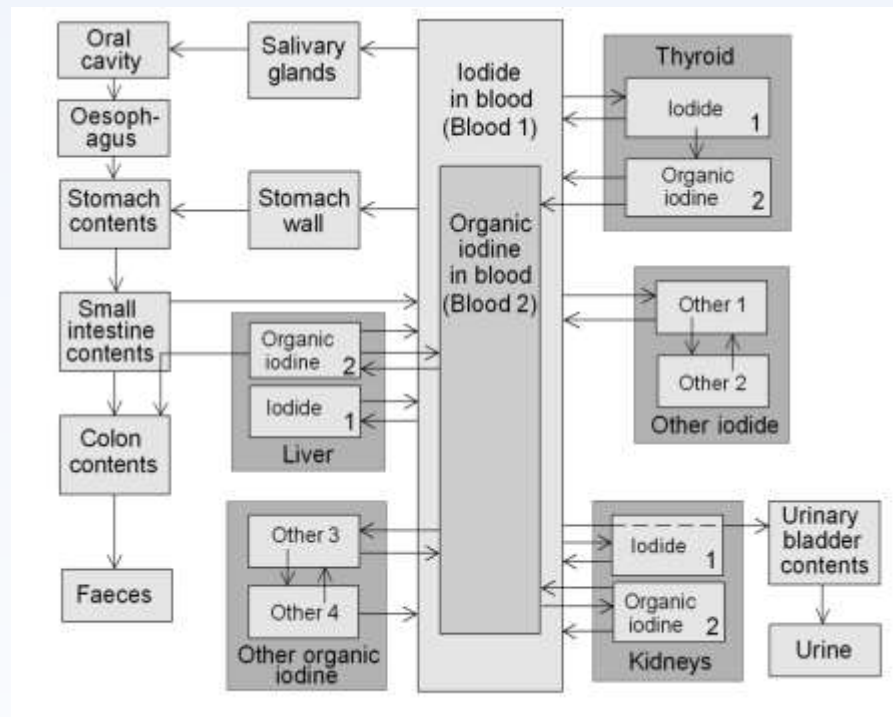
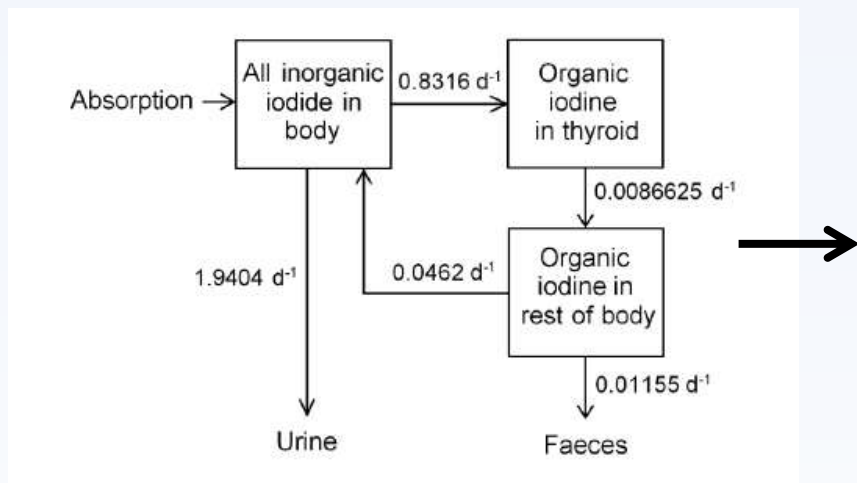


Progress and changes made during this period

In physiology and biokinetic models

- New data on Reference man (ICRP 89, 2002)
- Human Alimentary Tract Model (ICRP 100, 2006)
- New element specific systemic models, physiologically realistic

Systemic model for iodine



The former model (ICRP 1994, 1997)

The new model
ICRP Publication 137, In Press

Three subsystems:

- circulating inorganic iodide;
- thyroidal organic iodine
- extrathyroidal organic iodine.

Systemic model for Strontium

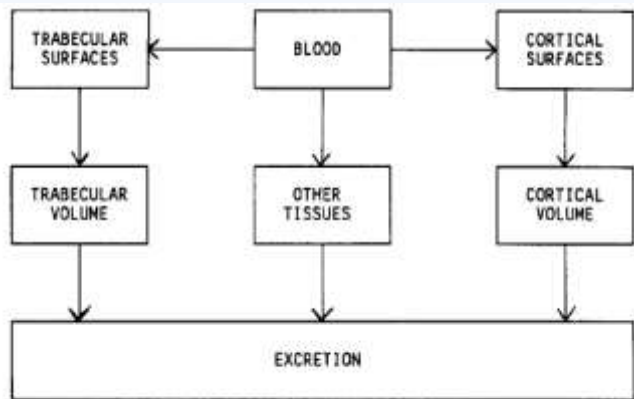
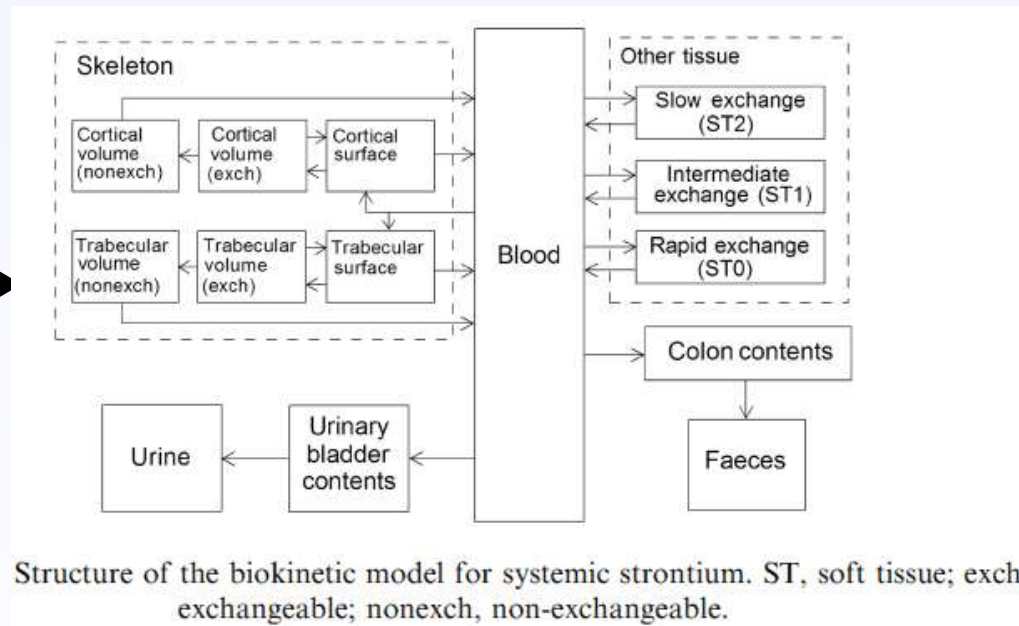


Fig. 2. Diagram of the biokinetic model for strontium.



Structure of the biokinetic model for systemic strontium. ST, soft tissue; exch, exchangeable; nonexch, non-exchangeable.

The former model (ICRP 1989)

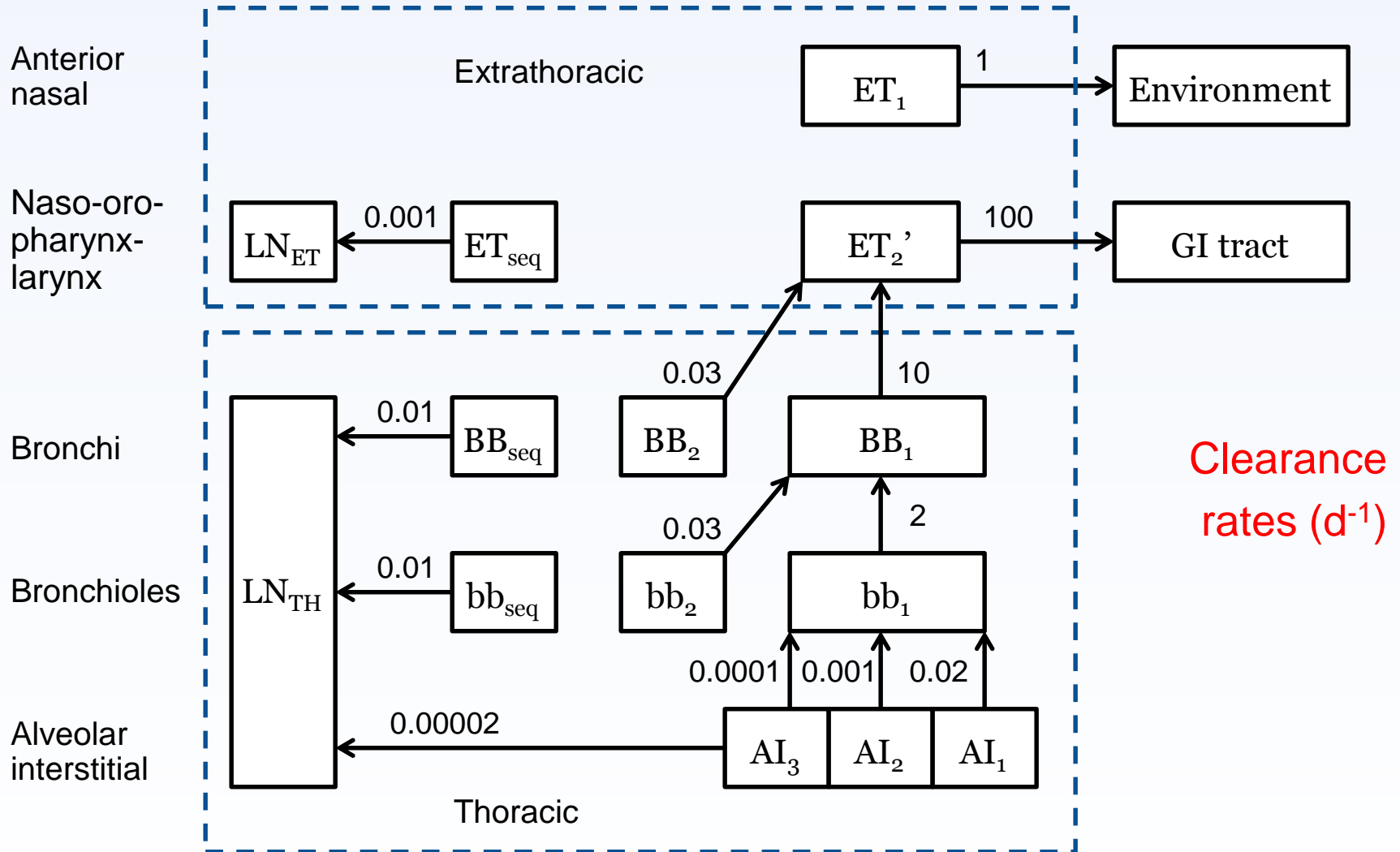
The new model
ICRP Publication 134, 2016

Progress and changes made during this period

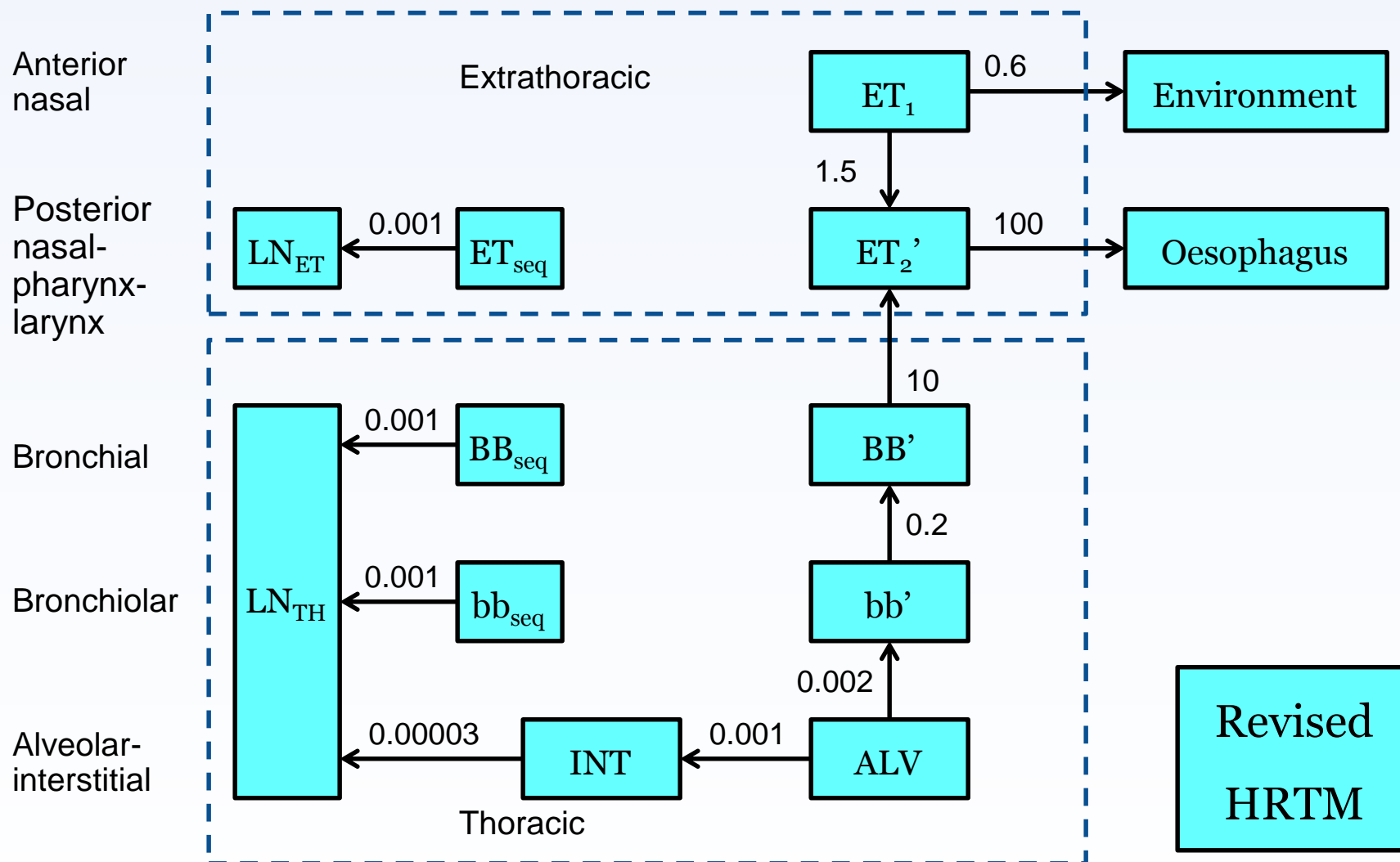
In physiology and biokinetic models

- New data on Reference man (ICRP 89, 2002)
- Human Alimentary Tract Model (ICRP 100, 2006)
- New element specific systemic models, physiologically realistic
- More realistic treatment of the biokinetics of radionuclide daughters
- New data supporting update of the Human Respiratory Tract Model

Particle transport model (ICRP 66 HRTM)



Particle transport model (ICRP 103)



Default parameter values Type F, M, S

		f_r	s_r (d ⁻¹)	s_s (d ⁻¹)
Type F	ICRP 66 <i>OIR</i>	1 1	100 30	
Type M	ICRP 66 <i>OIR</i>	0.1 0.2	100 3	0.005 0.005
Type S	ICRP 66 <i>OIR</i>	0.001 0.01	100 3	0.0001 0.0001

Element-specific values for s_r . Range from 0.4 to 100 d⁻¹

Example of Uranium absorption

Compound	Absorption parameter values			Type
	f_r	s_r (d ⁻¹)	s_s (d ⁻¹)	
Default Type F (UF₆, U-TBP)	1.0	10		
Uranyl nitrate, UO ₂ (NO ₃) ₂	0.8	1	0.01	(F/M)
Uranium peroxide hydrate	0.8	1	0.01	(F/M)
Ammonium diuranate, ADU	0.8	1	0.01	(F/M)
Default Type M (UF₄)	0.2	3	0.005	
Uranium Octoxide U ₃ O ₈ ; Uranium dioxide	0.03	1	0.0005	(M/S)
Default Type S	0.01	3	0.0001	

Progress and changes made during this period

In physiology and biokinetic models

- New data on Reference man (ICRP 89, 2002)
- Human Alimentary Tract Model (ICRP 100, 2006)
- New element specific systemic models, physiologically realistic
- More realistic treatment of the biokinetics of radionuclide daughters
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In dosimetry and monitoring

- Development of adult reference computational phantom, based on the new ref man (ICRP 110, 2009)
- New skeletal dosimetry (ICRP 116, 2010)
- Revised nuclear decay data (ICRP 107, 2008)
- Concept of dose per content

Progress and changes made during this period

In ICRP recommendations

- Adoption of the use of realistic phantoms (ICRP 103, 2007)
- Changes in weighting factors (ICRP 103, 2007)
- Changes in calculation of equivalent dose (ICRP 103, 2007)

Progress and changes made during this period

These new data and recommendations supported a revision of the past reports and provision of new dose coefficients with guidance on monitoring programs and data interpretation

**Done for external dosimetry (ICRP 116, 2010)
Need to be done for internal dosimetry**

Revision of the reports on internal exposure

Division of the work in two parts :

- Revision of models and dose coefficients for workers (*OIR series*)
- Revision of models and dose coefficients for members of the public (*EIR series,..*)

The OIR series

5 volumes

OIR Part 1 (ICRP Publication 130, 2015)

- Control of occupational exposures to radionuclides
- Biokinetic and dosimetric models
- Methods of individual and workplace monitoring
- Monitoring programmes
- General aspects of retrospective dose assessment

The OIR series

5 volumes

OIR Part 2 to 5

For each element section:

- Chemical forms in the workplaces
- Principal radioisotopes, physical half-lives and decay modes
- Review of data on inhalation, ingestion and systemic biokinetics
- Structure of biokinetic models and parameter values
- Monitoring techniques and typical detection limits
- Dose coefficients, reference bioassays functions and dose per content functions in printed document and/or electronic annexes

The OIR series

5 volumes

OIR Part 2 *ICRP Publication 134*

Hydrogen (H), Carbon (C), Phosphorus (P), Sulphur (S), Calcium (Ca), Iron (Fe), Cobalt (Co), Zinc (Zn), Strontium (Sr), Yttrium (Y), Zirconium (Zr), Niobium (Nb), Molybdenum (Mo) and Technetium (Tc).

2016

OIR Part 3

Ruthenium (Ru), Antimony (Sb), Tellurium (Te), Iridium (Ir), Lead (Pb), Bismuth (Bi), Polonium (Po), Radium (Ra), Thorium (Th) and Uranium (U).

2017

OIR Part 4

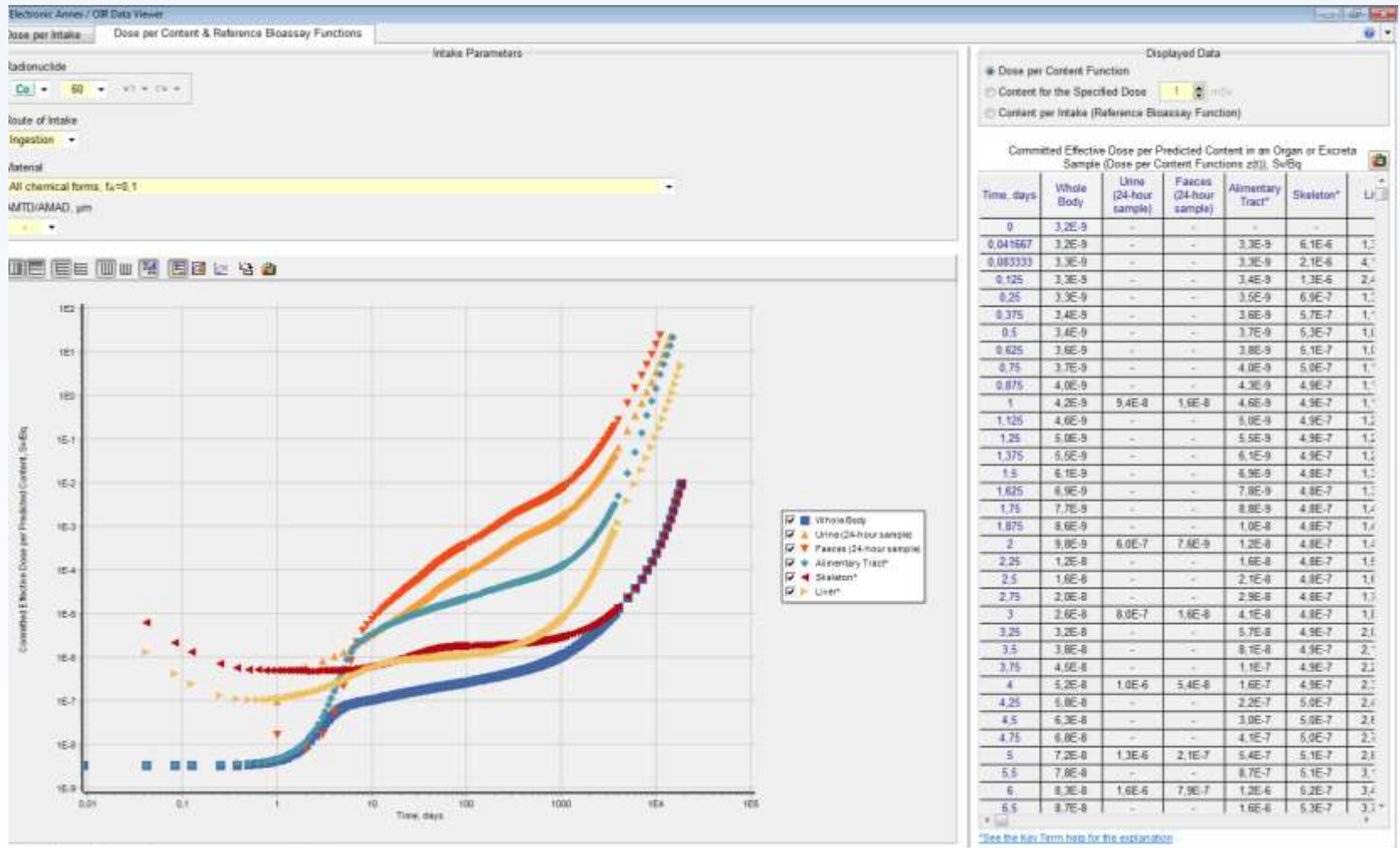
Lanthanides series, actinium (Ac), protactinium (Pa) and transuranic elements

2018

OIR Part 5

Fluorine (F), Sodium (Na), Magnesium (Mg), Potassium (K), Manganese (Mn), Nickel (Ni), Selenium (Se), Molybdenum (Mo), Technetium (Tc) and Silver (Ag) and most of the others

OIR Data viewer



The EIR series

4 volumes

EIR Part 1 (in Progress)

Same information and data for every element currently described in OIR P2 to 4 (plus Ag, Ni, Se)

EIR Part 2

Same information for every other element

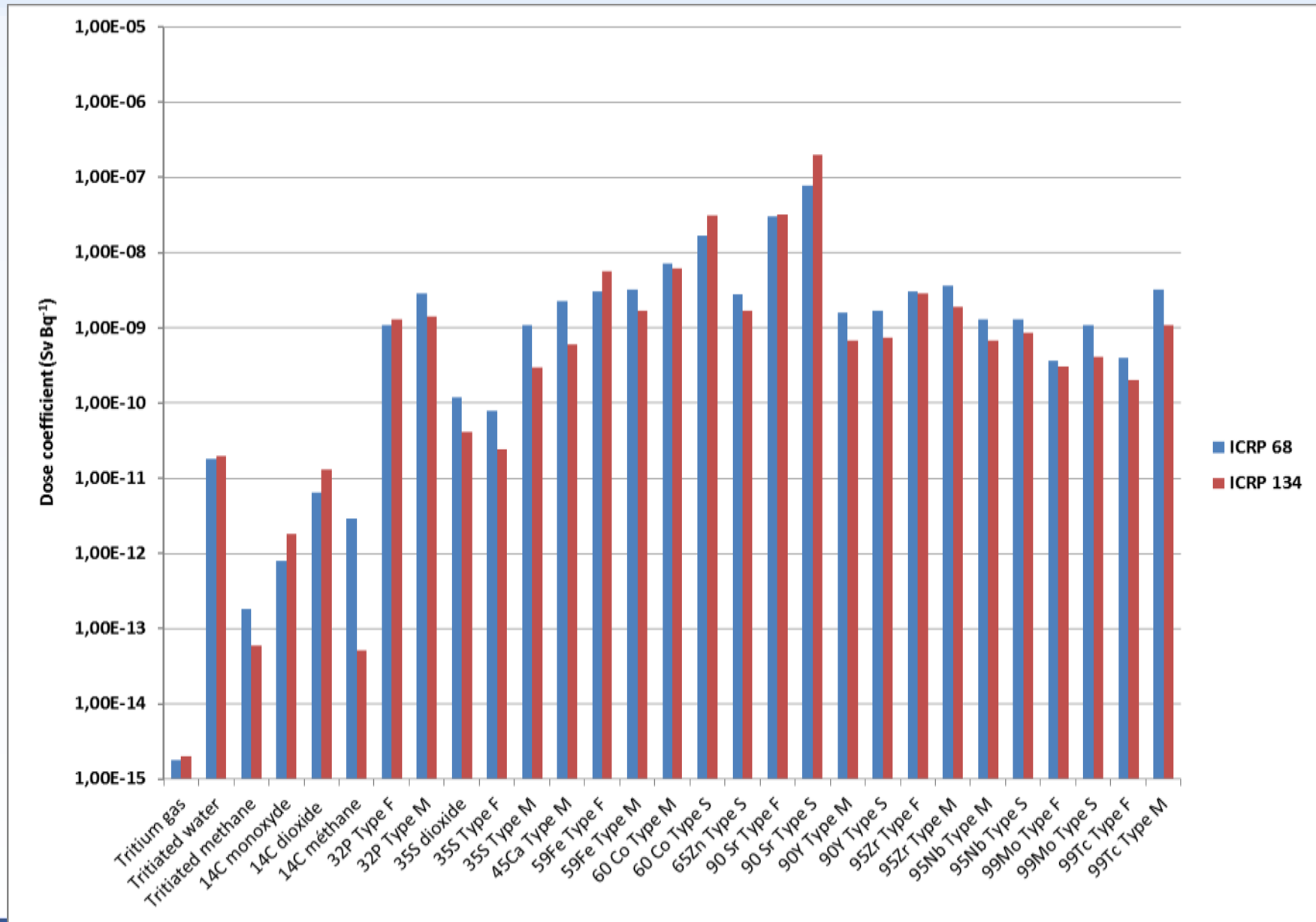
EIR Part 3

Breast-feeding Infant Internal Dose Coefficients for Maternal Intakes

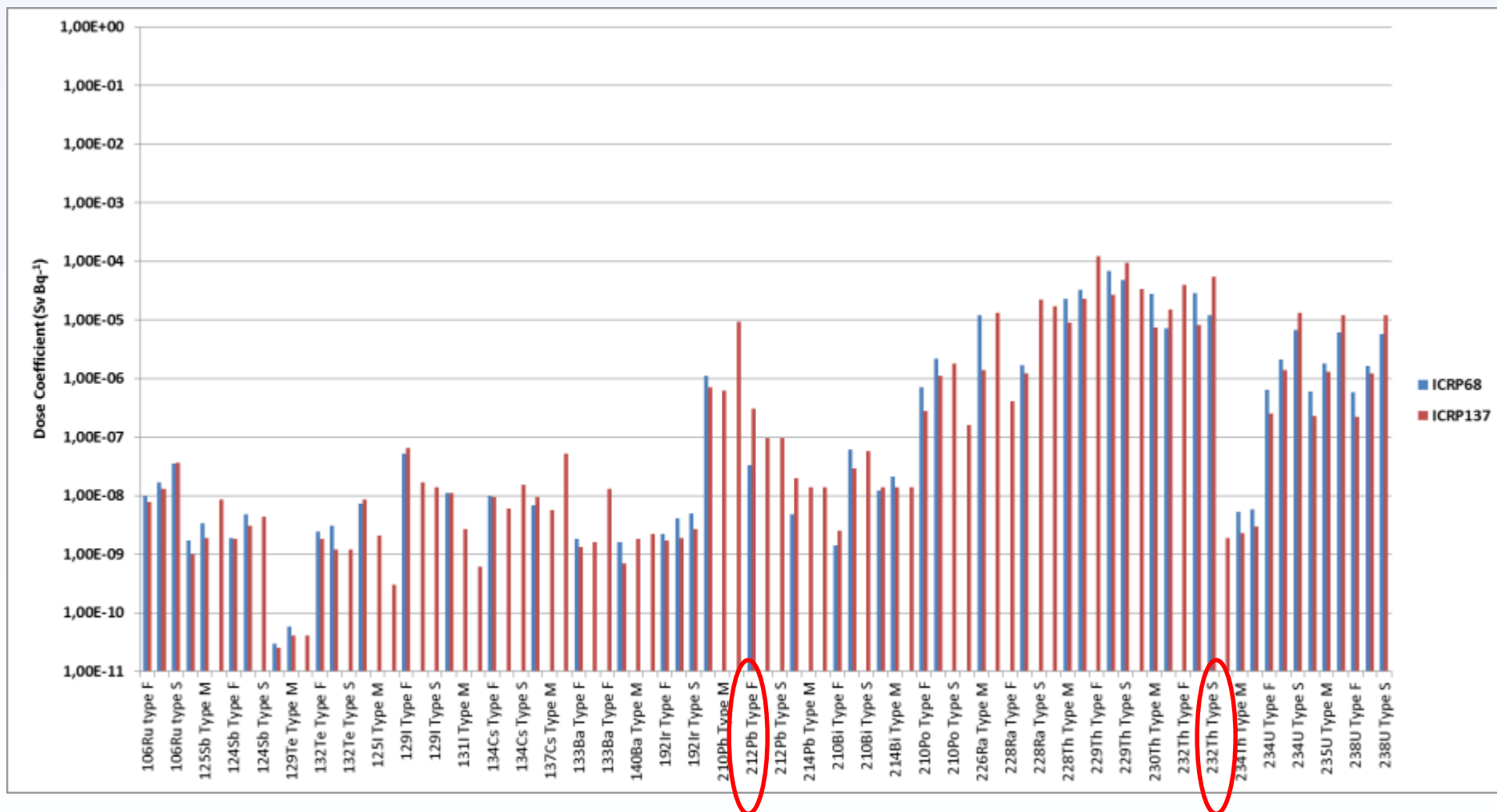
EIR Part 4

In utero Internal Dose Coefficients for Maternal Intakes

Comparison of dose coefficients between ICRP 68 and OIR P2



Comparison of dose coefficients between ICRP 68 and OIR P3



The authors of this work

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ICRP

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